

EAST TO TANG SOO DO NEWSLETTER

Volume 2, Number 6 - June 2017

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Martial Arts and Crafts Camp

Because of scheduling difficulties we have moved the date of camp to

July 10-14

ETTSD student / Family / military: \$17/day, \$70/wk

Non-ETTSD Students: \$20/day, \$90/wk.

Martial Arts! Arts and Crafts! We do it all!

Students get an intense study of martial arts 3 hrs/ day, plus an hour of demo practice. The rest of the time is for games, arts & crafts and structured play time. Crafts are classics including paper mache and finger painting!

Students Demo will be Friday, 3 p.m. It is open to friends, family and visitors! Invite everyone to see!

REGISTRATION REQUIRED!

Visit our website, email, come by or give us a call for more info.

Basic Judo

Fridays, 6:30PM (most weeks)

This class is not for official rank, but you can gain new skills in ground fighting, falls and take downs. It is open to any studio members as part of your tuition. For the moment, classes are on non-testing/non-tournament weeks.

TN Ko Dan Ja

Fri, Jun 9 - Sun, Jun 11

We are honored to host a regional black belt/masters training and testing. Participation in training is Cho Dan Bos and up. Participation in testing is by invitation only.

Our black belts will be participating in this event as well, testing for their next rank. Ms. Victoria will be testing for 3rd Dan, Mr. Will for 2nd Dan, and Mr. Ian and Ms. Sarah will be crosstesting for their TSDMA 1st Dans.

Everyone is welcome to come watch any time and participate in our **Work** with the Black Belts and Masters Class Saturday during 10AM Family Class.

Seminar with Master Charland

Thursday, June 8, during Children's and Adult class

Please join our instructor, Master Garth Charland from CT will lead our children's and adult classes. He is an awesome instructor! **DO NOT MISS THIS OPPORTUNITY!!**

Lost & Found

If your child is missing items, please check the red bench in the locker area. We currently have one pair of pants and two mismatched socks. At least the underwear was claimed!

Calendar

IUNE

Sat, 6/3, 10 AM – 10 PM, Booth at Mosheim Fun Days. WE NEED PEOPLE TO HELP AT THE BOOTH!!! Please sign up at the front desk!

Sat, 6/3, 11:30 AM. Demo at Mosheim Fun Days. Please meet at our booth by 11:15 at the latest. Preferably 11:00.

Thu, 6/8, Seminar with GrandMaster Charland during regular classes. See center column.

Fri, 6/9 – Sun 6/11, TN Ko Dan Ja. See details, center column

Sat, 6/10, 10AM, our regular

Family Class will be a Work With
the Black Belts / Masters class
as part of the Ko Dan Ja. DO

NOT MISS THIS OPPORTUNITY!!

Sat 6/17, Battle of Birmingham http://battleofbirmingham.com/ See Ms. Victoria for our "coupon code" discount for this tournament.

IULY

Mon, 7/10 – Fri, 7/14, 10AM – 4PM. Martial Arts and Crafts Camp. See left column. NOTE: ALL REGULAR CLASSES WILL BE IN SESSION DURING THIS WEEK ALSO.

Being a Good Karate Parent

An ongoing series on how to support your children in martial arts. Each month we present a different aspect of "being a good karate parent."

Proper Commands

If you note the right hand column, our vocabulary for this month is, like the last two months, terms we use in class. The difference between these and the last two months is that these are not required terms and yet they are ones that all students, and all parents, should know.

We truly appreciate when parents make an effort to use proper terminology when speaking about our school, our uniforms and our instructors.

However, because we are a Korean martial art and most of the terms popularly disseminated in tv and movies are Japanese, I ask that you learn the correct Korean terminology so your children will learn it also.

So, we are not a *dojo*, we are a *dojang*. Our uniforms are *do boks*, not *ghis*. Our belt is called a *dee*, not an *obi*.

And neither I, nor any of our black belts are *sensei*. We have our own titles. I am *Kyo Sa Nim* – black belt instructor, used for 2nd and 3rd degree black belts.

Mr. Will, Mr. Ian and Ms. Sarah are **Yo Dan Ja**, or black belt holders. A senior member of the class who is not a black belt is called **Sun Bae**.

The **Sun Bae** is the highest ranking student, other than black belts, in

the class. This could be a green belt or even an orange belt. Your child could be *Sun Bae Nim* (the "nim" honorific added for class opening and closing protocol) and be bowed to if s/he is the highest rank.

We will soon be hosting a black belt exam that may include masters testing. We will have at least two masters in the house performing the testing. The Korean word for Master Instructor is **Sah Bum Nim**.

These two particular masters, however, are the heads of their organizations.

Master Garth Charland is the grandmaster of our organization, Tang Soo Do Masters Alliance (TSDMA).

Master David Sgro is the grandmaster of United States Goodwill Tang Soo Do.

Grandmasters are called *Kwan Ja Nim*.

A note on belt protocol

Although this is not vocabulary, I have had to discipline a few students for this over the past month and thought it should be noted that a student's belt should never lie on the ground. It should be on the student, hung up or be otherwise stored.

We will discuss other belt and uniform protocol in a future article.

Mat Chat

You can find our full *Mat Chat* pages on our website. Select from the menu on the site:

Parents / Mat Chat

We have also decided to invite the parents to participate in our Mat Chat! If you would like to join us, you may sit with us on the floor or bring over a chair and sit it on the track portion of the mat.

This month:

Tenet/Code: Honor Friendship (Code)

It means that you value the people in your life. You treat your friends with respect and kindness. You do not take them for granted.

It does not mean you do whatever a friends tells/asks. If you friend asks to you lie, to steal, to sneak out at night, you honor friendship by NOT doing what they ask and telling them they should not either!!!

Terminology

Dojang – Martial Arts Studio
Do Bok – Martial Arts Uniform
Ko Ma Sum Ni Da – Thank You
Chomanayo – You Are Welcome
Dee – Belt

Sun Bae – Senior Student
Yo Dan Ja – Black Belt Member
Kyo Sah Nim – Instructor (2nd/3rd
degree black belt)
Sah Bum Nim – Master Instructor
Kwan Ja Nim – Grandmaster