

Shim Sa Results



We tested sixteen martial artists to new rank during our March testing cycle—Little Dragons and Intermediate/Advanced (Some did not make the main exams and therefore are not in the pictures):

- **Dragon Yellow:** Braydon Gunter, Landon Fair, Noah Clendenin
- **Dragon Gold:** Mia Willis
- **Dragon Orange:** Noah Cutshall Bowers
- **Dragon Brown:** Jayon Gillespie
- **5th gup:** Caden Hensley, Blayke Smith
- **3rd Gup:** Noah Janha
- **2nd Gup:** Alex Foster, Ryan Crawford, R.J. Hammett, Daniel Flath, Miles Flath, Robert Hammett
- **1st gup:** George Sieber



Tournament Update

Read the full writeups in our **Facebook Page Notes** and all pix on our **Photo Gallery Page**.



Battle of Birmingham Results

- **Emme Foster, Teen Girl Underbelts:** 1st Weapons, 1st Forms
- **Keith Foster, Adult Underbelts:** 1st Weapons, 2nd Forms.
- **Graysun Ingle, Teen Boy Underbelts:** 3rd Creative Breaking, 3rd Weapons
- **Blayke Smith, 7-12 Intermediate:** 1st Forms, 1st Sparring, 2nd Weapons
- **Ryan Foster, Champion Children:** 1st Weapons, 1st Forms.
- **Tristan Broyles, 7-12 Beginner:** 1st Weapons, 3rd Forms, 3rd Sparring
- **Vera Eastep, 6 and under underbelts:** participant.

Safiyah Karate Tournament Results

- **Graysun Ingle, 8-13 children:** 1st Weapons, 2nd Form
- **Hannah Cox, 8-13 children:** 2nd sparring
- **Tristan Broyles, 8-13 children:** 2nd weapons
- **Allison Cox, 7 and under children:** 1st Sparring

Calendar

- **Thu, Apr 4, 7:15 PM. Sparring with JTKD @JTKD.** Regular Adult Class will still run at the studio.
- **Thu, Apr 4, Mat Chat.**
- **Mon-Thu, Apr 8 – 11, Tip Test.**
- **Sat, Apr 13, Spring Tournament, Fayetteville, NC. Studio CLOSED** Fri, Apr 12-Sat, Apr 13.
- **Tue, Apr 23, 6:30-7:30 PM Self-Defense Seminar.** Open to the public and **FREE**.
- **Mon-Thu, Apr 22-25, Theme Week – Sports.**
- **Thu, May 2, 6:30 PM. Sparring with JTKD @ETTSD.**

Saturday Apr 6, 20 and 27. Demo/Competition Class, 9AM. If you, or your child compete in tournaments, attend this class.

Free Family Class, 10AM. Regular members may attend, but this is a basic class aimed at beginners. It is free and open to the public.

Saturday Classes Moving Beginning in May, Demo/Competition class is moving to 10AM and Family class is moving to 11AM. We're hoping an hour extra sleep will improve our attendance!

Summer Camp is Coming! June 17-24, 2019, July 15-19, 2019
 9 a.m. – 4 p.m

Non-Members: \$25 a day, \$100 for one week. ETTSD Member, a 2nd child in one family and children of active duty soldiers: \$20 per day, \$80 for one week. More info on the website and at the studio.

Tournaments, Demos, & Booths Mat Chat

With several changes and additions to our tournaments, demos and booths, we decided on an update in lieu of a Good Karate Parent column this month. It is arranged by date rather than type.

4/13, Spring Interclub, Fayetteville, NC. This is a Master Sgro tournament aimed at beginners and first-time competitors. It includes 1.5 hours of seminars as part of the registration fee. It's 5 hours away, but worth the trip.

05/04, Mid-South Championships, Ellijay, GA. 3 hrs. This is our first ASKL tournament for the year. These tournaments are a whole different level from the TSD run ones, but the rewards are greater too with 5' first place trophies.

05/18, Iris Festival Demo, 2:30PM. We demo at the Iris Festival every year and try to include as many students as possible. Come to our Demo / Tournament class and get prepared to be on the stage.

06/01, Mosheim Fun Days, booth. We will not be demoing this year, but will run a booth for the day and are always looking for helpers. We will likely do small space mini-demos at the booth.

06/08, The Battle of Champions, Ringgold, GA. 3 hrs. Another ASKL tournament. These tournaments are tough but well-run and worth attending.

08/__, TN State Karate Championships, Baxter, TN. 2.75 hrs. This tournament is not connected with a circuit but it's one of the few TN tournaments we can attend, so we try to make it every year.

09/06-08, Baileyton Celebration, booth. Our first time at this festival and we are looking forward to seeing what it's all about. As with all booths, we appreciate anyone who is willing to work for an hour or two, especially with three days worth of festival.

09/07, The Battle of Dragons, Hickory, NC. 2.5 hrs. We have not attended this tournament before. It is not only closer than most of the other tournaments we attend, it is part of a tournament circuit, DOJO, that we are looking at joining next year. We will not push people to go because it is an unknown but we will encourage anyone who wants to try it out to attend with us. It is the same weekend at the Baileyton Celebration so we will leave a few people behind to run the booth also.

09/28, Festival of Nations, Demo and Booth. Another yearly demo, we love this festival because it is so close to the studio and tends to bring in new students more than any other festival we attend. We will let you know the time of the demo as soon as we know.

10/18, MYTSD Fest, Atlanta, GA. 4 hrs. This will be the first official tournament for Moo Yea Tang Soo Do, a new organization formed by Master Sgro, and of which we will be part. Our organization, TSDMA, has officially joined. Although I hate driving in Atlanta, I plan to go and hope we can get as many students as possible to attend.

11/02, Tri-State Championships, Dalton, GA. 3 hrs. The last of our ASKL tournaments of the year, run by Ben Kiker, who is our favorite organizer for his well-run tournaments.

12/07, The Overmountain Open, Newport, TN. <1 hr. Believe it or not guys, this is OUR tournament. We will be running it in conjunction with Lil Burt Karate Academy in Newport. They are providing the venue and sponsorship. We are providing desktop publishing, web site and registration as well as running the tournament on the day of the tournament. I expect every student to make an effort to help, and to enter.

You can find our full *Mat Chat* pages on our website. Select: [Parents / Mat Chat](#)

This month:

Tenet/Code:

Never Retreat in Battle (Code)

What it means.

Do not give up and walk away from challenges because something seems hard or difficult to accomplish. Stay the course!

What it DOESN'T mean.

It does not mean that you fight every fight that comes your way.

What would you do?

- You struggle with learning something at school. You keep trying but it is so difficult to learn. Do you give up? Do you say "I quit"?
- You make a promise to yourself to start eating healthy. You work really hard to stay away from junk food, but one day you splurge and eat all kinds of candy and soda. Do you say "oh forget it...too late now. I blew it"?
- You try and try but can't seem to do your new break in breaking boards. Do you decide to just tell your instructor you can't do it? Do you ask to be allowed to do something easier?
- You have attended several tournaments and have not brought home a trophy yet. Do you stop going to tournaments?

Terminology

- **Sun Bae** – Senior Member
- **Yo Dan Ja** – Black Belt Member
- **Kyo Sah Nim** – Instructor 2nd/3rd degree black belt
- **Sah Bum Nim** – Master Instructor
- **Kwan Ja Nim** – Grandmaster