



10TH GUP TO 9TH GUP

TIP TEST REQUIREMENTS

Name: _____

For each tip, perform the tasks for at least three people (two must be black belts) and get them to initial that it has been completed. (NOTE: AdvBelt is any adult student, red belt or higher.) If they have critique, they will not initial but tell you what needs to be improved. One row may also be incomplete. When the chart is done, **and you have enough training hours (16)**, you are ready to test for 9th gup.

Tip 1

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Low Block (Ha Dan Mahk Ki)					
Front Kick (Ahp Cha Gi)					
Middle Punch (Choong Dan Kyuck)					
Basic One-Step 1					
Count to 10 in Korean					
What does Tang Soo Do mean?					
Bow as you enter/leave dojang/mat					

Tip 2

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
High Block (Sang Dan Mahk Ki)					
Round Kick (Tallyo Cha Gi)					
High Punch (Sang Dan Kyuck)					
Basic One-Steps 1 and 2					
Ki Cho Hyung Il Bu (with help)					
Dwi Tora (Back Turn)					
Korean Terms: Ready Stance, Attention, Bow, Return					

Tip 3

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Side Block					
Side Kick (Yup Cha Gi)					
Basic One-Steps 1 – 3					
Basic Stick Form (pattern with help)					
Ki Cho Hyung Il Bu (no help)					
Breaking: Foot Stomp or Hammer Fist					
Korean Terms: Rest, Turn, Yell, Sit					
1 st Line of Student Creed					