



7TH GUP TO 6TH GUP

TIP TEST REQUIREMENTS

Name: _____

For each tip, you must perform the tasks for at least three people listed (2 black belts) and get them to initial that it has been completed. (NOTE: AdvBelt is any adult student, red belt or higher.) If they have critique, they will not initial but tell you what needs to be improved. One row may also be incomplete. When the chart is done, **and you have enough training hours (24)**, you are ready to test for 6th gup.

Tip 1

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Ki Cho Hyung Il Bu, Ee Bu and Sam Bu					
Cha Gi: Ahp, Tallyo, Yup					
Crescent-In/Out, Out/In, Hop In/Out					
Basic One-Steps 1-5					
1 st – 3 rd Line of Student Creed					
Palm Heel Strike, Center Knife Hand Block					
Stances: Front, Back, Horse					

Tip 2

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Pyung Ahn Cho Dan					
Chilsung Ee Lo (with help)					
Blocks: Low, High, Side, Inside/Outside					
Blocks: Outside/Inside, Low Open Hand					
Reinforced Block, front & back stance					
Korean Terms: Basic Forms 1 – 3					
Offers assistance to instructors					

Tip 3

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Basic One-Steps 1-5 with partner					
Basic Stick Form					
Techniques with Weapon of Choice					
Chilsung Ee Lo					
Breaking: Elbow					
Korean Terms: 1 st Peace & Confidence Form, 2 nd of the Seven Stars					
Complete Student Creed					

Terminology Exam (optional)	Score:				
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