

## Beg/Int/CDB Shim Sa



**Fri, May 10, 6:00 p.m.**

Testing students: 5:30 p.m.

**\$30 testing fee**

Guests welcome. Open to the public.  
**ETTSD T-SHIRTS PERMITTED!**

Beginner/Intermediate/Cho Dan Bo Shim Sa. CDBs finish their exam 9AM, Sat, May 11. Students invited to test:

**9<sup>th</sup> Gup:** Amber Burgner, Blake Clendenin, Christian Collins, Allison Cox, Liam Crawford, Vera Eastep, Sawyer Goodwin, Brayden Salend

**8<sup>th</sup> Gup:** Jay Brown, Kasandra Burns, Christy Harris, Hutch Harris

**7<sup>th</sup> Gup:** Tristan Broyles, Damian Burns, Eli Franklin, Riley Kiker, Hannah Cox

**6<sup>th</sup> Gup:** Ryan Foster

**5<sup>th</sup> Gup:** Faith Rader, Taylor Etter

**CDB:** Caleb Crawford, Emme Foster, Keith Foster, Graysun Ingle, George Sieber

## Iris Festival Demo

**May 18, 2:30PM, Dance Stage**

The dance stage is on N. College St near McKee St. Please meet us behind the stage area at 2PM-ish.

Our demo team is open to all students. The only requirement for participants is coming to the Sat 10AM Demo/ Competition class on **May 11** and/or **the day of the Demo** to run through the entire demo. We will be practicing parts of it in class. We will even make exceptions to that rule on an individual basis if necessary and if the student knows their part.

## Summer Camp



**Martial Arts and Crafts Summer Camp:** 6/17-6/21 & 7/15-7/19. 9AM–4 PM. *Non-members:* \$25/day, \$100/wk. *ETTSD member:* \$20/ day, \$80/wk, Discounts for multiple family members and active military families.

Students get an intense study of martial arts 3 hrs/ day, plus an hour of demo practice.

The rest of the time is for games, arts & crafts and structured play time. Crafts are classics including paper mache and finger painting!

Students Demo will be Friday, 3 p.m. It is open to friends, family and visitors! Invite everyone to see!

For intermediate and advanced students, three hours a day will be credited to your martial arts hours.

**For new students and our beginner students, if you attend for both weeks, you will test for rank at the end of the two weeks!**

We have a lot of exciting crafts planned this year like **rock painting** and **origami throwing stars**, along with many favorites from former years like **finger painting** and **paper mache masks**.

Find out more at:

[ettsd.com/martial-arts-crafts-camp/](http://ettsd.com/martial-arts-crafts-camp/)

## Calendar

- **Thu, May 2**, Mat Chat.
- **Sat, May 4**, Mid-South Championships, Ellijay, GA. 3hrs, ASKL. Studio **CLOSED** Fri-Sat, May 3/4.
- **Mon-Thu, May 6 – 9**, Tip Test.
- **Thu, May 16, 7:15 PM. Sparring with JTKD @JTKD.** Regular Adult Class will still run at the studio
- **Sat, May 18, Iris Festival Demo, 2:30PM.** See left column.
- **Mon-Thu, May 27-30**, Theme Week – Star Trek/Star Wars.
- **Tue, May 28, 6:30-7:30 PM Self-Defense Seminar.** Open to the public and **FREE**.
- **Sat, Jun 01, Mosheim Fun Days**, booth. Booth but no demo. We are always looking for helpers.
- **Sat, Jun 08, Battle of Champions, Ringgold, GA. 3hrs, ASKL.** Studio **CLOSED** Fri-Sat, Jun 7/8.

**Saturday May 11, 18, 25.**

**Demo/Competition Class, 10AM.**

If you, or your child compete in tournaments, attend this class.

**Free Family Class, 11AM.** Regular members may attend, but this is a basic class aimed at beginners. It is free and open to the public.

**Saturday Class Times**

**Starting May 1. Sat Morning Schedule changes as follows:**

9AM: Black Belt and CDBs

10AM: Competition/Demo

11AM: Free Family Class

## Summer Uniforms



From **May 1 through Sep 30**, we allow Summer dress since we have no air conditioning. The following are what we permit:

**T-shirts** instead of uniform top. T-shirts must be TUCKED IN to uniform bottoms and belts must still be worn.

Our order of preference is:

- **ETSD t-shirt.** T-shirts are available for \$15. If you do not already have one, please support the studio by purchasing one or more.
- **White t-shirt.** Plain, white, no design, no pattern.
- **Plain colored t-shirt** in a color on your belt. And once again, PLAIN, no design, no pattern.
- **Karate t-shirt**, including our old Starz t-shirts or tournament t-shirts.

**Shorts** are also permitted but **WHITE ONLY!!!** You can order official white karate bottoms through the school, but \$5 Walmart shorts are fine as long as they are white. Totally white. No stripes, no stars, no plaid, no trim. White. All white. 100% white. No other colors anywhere on the shorts. Please.

## New Student Tuition Increase

Due to increased expenses, as of June 1, tuition for new students will be \$60 for first person in the family; \$50 for the 2<sup>nd</sup>, \$40 for the 3<sup>rd</sup>, and \$30 for the fourth. Any family members over four are still free.

**THERE WILL BE NO TUITION INCREASE FOR CURRENT STUDENTS.** Your current tuition will never change as long as you continue to pay each month.

## Tournament Update

Read the full writeups in our **Facebook Page Notes** and see all the pix on our **Photo Gallery Page**.



### Spring Tournament Results

- **Jayon Gillespie, 6 and under beginners.** 2<sup>nd</sup> Forms, 2<sup>nd</sup> Sparring
- **Kasandra Burns.** Teen Beginners. 2<sup>nd</sup> Weapons
- **Damian Burns.** Teen Beginners. 1<sup>st</sup> Weapons, 2<sup>nd</sup> Sparring, 3<sup>rd</sup> Padded Weapons Sparring
- **East TN Tang Soo Do.** travelled the furthest to the tournament award.

### Upcoming Tournaments

**05/04, Mid-South Championships, Ellijay, GA.** 3 hrs. This is our first ASKL tournament for the year. These tournaments are a whole different level from the TSD run ones, but the rewards are greater too with 5' first place trophies.

**06/08, The Battle of Champions, Ringgold, GA.** 3 hrs. Another ASKL tournament. These tournaments are tough but well-run and worth attending.

**07/26-27, Summer Tournament, Fayetteville, NC,** 5 hrs. Another Master Sgro tournament, profits going to his ministry. Since it is summer vacation, we could try to make both days (at a cost of a usual one-day open tournament), especially because Weapons division is Fri night.

## Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

**This month:**

**Tenet/Code:**  
**In fighting choose with sense and honor (Code 5)**

**What does it mean?**

This means to pick your battles wisely. Only fight when there is no other choice. Do not learn to fight to get your way by bullying those weaker than you. We learn how to fight so that we do not have to fight – this is the way of Pyong Hwa Kunin (Peaceful Warriors).

**What it DOESN'T mean.**

Just like Code 4, it does not mean that you fight every fight that comes your way.

**What would you do?**

- Sam, a student in your class at school calls you names that you don't like. Do you punch him? What would you do?
- You overhear two girls making fun of Hazika, another girl in your class because she is different. Do you defend her?
- Johnny is sitting in your seat at lunch. He has done this every day for a week and it really makes you mad. You've been taking karate for a year now and think you could just knock him out of the chair. Do you do it?

### Terminology

- **Front Kick** ~ Ahp cha gi
- **Side Kick** ~ Yup cha gi
- **Round Kick** ~ Tallyo cha gi
- **Front Stance** ~ Chun kul ja se
- **Back Stance** ~ Hu kul ja se
- **Horse Stance** ~ Kee ma ja se

