

Feb Shim Sa



NOTE: Images are Photoshopped. Exams done with physical distancing.

We tested eleven Gups and four Little Dragons to new rank during our April Shim Sa, including two students from Newport Martial Arts Academy (NMAA).

- **Little Dragon White:** Kaiden Dwyer, Alarik Garber, Maximus Henry
- **Little Dragon Orange:** Gabriel Hale
- **9th Gup:** Hanley Coggins, Adam Johnson, Bentley Sawyer, Talon Sawyer, Kaiden Webb (NMAA)
- **8th Gup:** Caden Lovell (NMAA), Brantley McAmis
- **5th Gup:** Allison Cox, Silas Hale
- **2nd Gup:** Brayden Salend
- **Cho Dan Bo, Level 2:** Ryan Crawford.



Newport Fire!



On April 4th, Newport Martial Arts Academy sustained major fire damage and temporarily closed for repairs. For a few weeks, classes were held at ETTSD and the Newport Community Center.

As of May 1st, Saturday classes will return to NMAA! There are many limitations, but we will make do. For the moment there is no restroom and only one dressing room.



Iris Festival Demo

Sun, May 16, 1:30PM
Dance Stage

The dance stage is on N. College St near McKee St. Please meet us behind the stage area at 1PM-ish.

All participants must attend at least two rehearsals listed in the Calendar.

Calendar

- **Mon, May 3.** ETTSD Mat Chat.
- **Sat, May 8.** NMAA Mat Chat.
- **Mon, May 10, 5PM.** FULL DEMO PRACTICE.
- **Tue, May 11, 6PM,** FULL DEMO PRACTICE
- **Thu, May 13, 5PM and 6PM,** FULL DEMO PRACTICE
- **Fri/Sat, May 14/15.** TSDMA Black Belt Testing Phases 4 and 5. In CT. RJ and Robert Hammett testing.
- **Sun, May 16, 1:30PM.** Iris Festival Demo (see below).
- **Mon-Sat, May 17-22,** Tip Testing at both studios.
- **Tue/Thu, May 25/27,** Weapons
- **Mon, May 31. CLOSED FOR MEMORIAL DAY.**
- **Fri classes available.** May 7, 14, 21, 28.
- **Sat classes available.** May 1, 8, 15, 22, 29.

We usually like to include any student who wishes to perform. Because we are still practicing social distancing, we are limiting the number of performers to six per demo performance except for the final lineup.

We apologize to all students who were not asked to join the demo and promise to include them for our next demo in September when things should be opening up.

Because there will not be social distancing for the final lineup, we do ask that participants wear facemasks for that portion of the demo.

Sparring Returns, Finally and (mostly) free gear.

As we slowly return to some degree of normal, we are planning to bring back sparring to the regular classes. Friday sparring class will also continue and is open to both youth and adults.

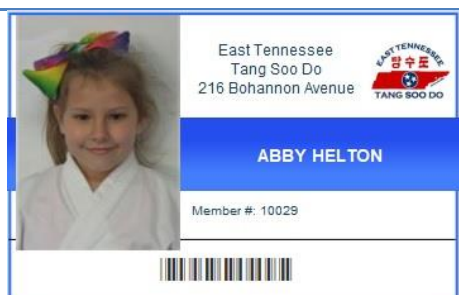
STUDENTS MUST HAVE THEIR OWN GEAR. Those who do not will do sparring drills without a partner.

To help with getting all students gear, we are now willing to give away any of our used gear. We are investigating the possibility of replacing elastic and doing other repairs for a small cost.

But we do think it would be better to not share gear for the foreseeable future. Please see Ms. Vic or Ms. Jennifer to look through the gear.

We will also do padded weapon sparring which will put students further apart than regular sparring.

Photo IDs



Another move back toward normality will be the return of our barcode scanner so students will be responsible for logging themselves into class.

We will start this in June, to give us a month to get everyone's picture taken. This will begin as soon as we get our photo backdrop hung.

We will give everyone their first ID for free. If it gets lost or damaged, replacement IDs will cost \$5.

Summer Uniforms



From **May 1 through Sep 30**, we allow Summer dress. Permitted:

T-shirts instead of uniform top:

- **Studio t-shirt.** If you do not already have one, please support the studio by purchasing one or more.
- **White t-shirt.** Plain, white, no design, no pattern.
- **Plain colored t-shirt** in a color on your belt. And once again, PLAIN, no design, no pattern.
- **Karate t-shirt**, including our old Starz t-shirts or tournament t-shirts.



Shorts are also permitted but **WHITE ONLY!!!** You can order official white karate shorts through the studio, but \$5 Walmart shorts are fine as long as they are white. Totally white. No stripes, no stars, no plaid, no trim. White. All white. 100% white. No other colors anywhere on the shorts

For ETTSD, t-shirts are scheduled to be available on Tue, May 4.

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:
In fighting choose with sense and honor (Code 5)

What does it mean?

This means to pick your battles wisely. Only fight when there is no other choice. Do not learn to fight to get your way by bullying those weaker than you. We learn how to fight so that we do not have to fight – this is the way of Pyong Hwa Kunin (Peaceful Warriors).

What it DOESN'T mean.

Just like Code 4, it does not mean that you fight every fight that comes your way.

What would you do?

- Sam, a student in your class at school calls you names that you don't like. Do you punch him? What would you do?
- You overhear two girls making fun of Hazika, another girl in your class because she is different. Do you defend her?
- Johnny is sitting in your seat at lunch. He has done this every day for a week and it really makes you mad. You've been taking karate for a year now and think you could just knock him out of the chair. Do you do it?

Terminology

- **Front Kick** ~ Ahp cha gi
- **Side Kick** ~ Yup cha gi
- **Round Kick** ~ Tallyo cha gi
- **Front Stance** ~ Chun kul ja se
- **Back Stance** ~ Hu kul ja se
- **Horse Stance** ~ Kee ma ja se