

## New Black Belts



Congratulations to Robert and R.J. Hammett who successfully completed their testing for black belt in CT on May 14-15. They did an awesome job. We are all immensely proud of them.



## TSDMA Summer Interclub

**Saturday, June 5**

Registration for the Spring TSDMA Tournament closes Tue, June 1! I hope everyone who wants to, gets entered.

All registered competitors will receive their division times via email. We will also try to confirm all times individually. **THE LIST ON THE BACK OF THE FLYER IS WRONG.**

## Summer Camp is Back (sort of)

**Hardin Park  
 Lion's Club Pavilion  
 Wed, July 14, 9AM-4PM**

**Price TBD but considering \$30 with family rates available**



We are presently not yet ready to give up social distancing enough to have a group of children indoors seven hours a day, for a five-day week of Summer Camp.

However, we want to at least have one full day of fun for the kids.

We have rented the Lion's Club Pavilion at Hardin Park and plan to focus as much on games and activities as we do on martial arts. But there will definitely be those also.

We tentatively plan to start and end the day with a Tang Soo Do class.

Various other activities will be held between, including some we have not done since COVID began, like Throwing Stars (including making their own,) and Relay Races.

We will send home final information, registration forms, and schedules as soon as we figure it all out.

## Calendar

- **Tue, Jun 1.** ETTSD Mat Chat.
- **Sat, Jun 5.** TSDMA Summer Interclub. See Column 1. NO CLASSES AT NMAA OR ETTSD that day.
- **Mon-Sat, Jun 7-12,** Tip Testing at both studios.
- **Sat, Jun 12.** NMAA Mat Chat.
- **Sat, Jun 26,** Gup Shim Sa. See below.
- **Tue, Jun 29 & Thu, Jul 1,** Weapons
- **Fri classes available.** June 4, 11, 18, 25.
- **Sat classes available.** June 12, 19

## June Shim Sa



**Sat, Jun 26, 3:00 p.m.**

**Testing students: 2:45 p.m.**

**\$30 testing fee**

**Open to the public.**

**STUDIO T-SHIRTS and  
 UNIFORM PANTS!**

Invitations to test will be given to all eligible students from ETTSD and NMAA.

ETTSD students eligible to test will also be listed on the white board above Mr. Ian and Ms. Jennifer's desks.

Spectator seating should be available inside, and outside the front bay door, if you prefer.

# Iris Festival Demo



It is great to be back in demo mode after a year of no events. Everyone did an awesome job, and the performance was excellent. If you missed it, you can find pictures and videos on our photo site. Here are some favorites.



Little Dragons, led by Ms. Emme.



Bassai Dai – Black Belts



Ki Cho Hyung Il Bu – Youth Beginners.

Our next demo will be at *Baileyton Days*, Friday, September 10<sup>th</sup> at 5:00PM!

We will have more details as the time gets closer.

## Master Belt!



For those who haven't heard, Ms. Victoria has been invited to test for her 4<sup>th</sup> Degree Black belt this coming October.

She asks that everyone help keep her accountable as she trains for this momentous event. She means it. She wants you to bug her, harass her, ask how hard she is training.

Ms. Victoria feels both humbled and honored to be asked to test. If she makes it, she will become TSDMA's third female Master.

She says, "Other than giving birth and graduating with High Honors from Penn State, this will be the greatest milestone of my life."

# Mat Chat

You can find our full *Mat Chat* pages on our website. Select: [Parents / Mat Chat](#)

**This month:**

## Tenet/Code: Integrity (Tenet 1)

### What does Integrity mean?

Integrity means doing the right thing, even when nobody is watching, because it's the right thing to do!

### What's the right thing to do?

- You notice your grandmother dropped a \$20 bill the same day you want to buy a popular new video game or toy.
- You saw the last piece of your sister's birthday cake in the refrigerator but know your sister was hoping to have it for dessert.
- You are at the grocery store with your mother and know you could put that package of candy in your pocket with no one seeing.
- Your instructor does warm up along with you. When you are stretching she can't see you so could just sit there and do nothing while she isn't looking.

## Terminology

- **Low Punch** ~ Ha dan kyuck
- **Center Punch** ~ Choong dan kyuck
- **High Punch** ~ Sang dan kyuck
- **Low Block** ~ Ha dan mahk ki
- **High Block** ~ Sang dan mahk ki
- **In/out Block** ~ Ahneso phaku ro mahk ki