



EAST TN TANG SOO DO NEWSLETTER

VOLUME 2, NUMBER 3 – MARCH 2017

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 203-609-1408 – ETTSD.COM – INFO@ETTSD.COM

Martial Arts & Crafts Camp



SPRING BREAK, Mar 27-31
9 a.m. – 4 p.m.
\$20/day, \$90/wk*

Martial Arts! Arts and Crafts!
We do it all!

Students will have an intense study of martial arts for three hours a day, plus an hour of demo practice. The rest of the time will be filled with games, arts and crafts and structured play time including paper mache and finger painting!!

Students will perform in a demo at 3 p.m. on Fri. It is open to friends, family and visitors!!

* ETTSD student/military discount: \$17/day, \$70/wk. Also, family rates available, 20% off for 2nd child, 30% off for 3rd child or more.

REGISTRATION REQUIRED!

Parenting Fair

Hal Henard Elementary
March 18, 10 a.m. – 2 p.m.
Demo: 1:15 – 1:30

We have a booth and are doing a demo at the Parenting Fair again this year. Students in the demo should show up at the booth by 12:45.

We will be heavy into practice for the next couple of weeks, until the Fair.

We will rehearse individual parts during classes between now and then and try to do complete run throughs during formal demo practices:

- Saturday, Mar 3, 9 a.m.
- Saturday, Mar 10, 9 a.m.
- Thursday, Mar 16, 5 p.m. (as part of our regular classes.)
- Friday, Mar 17, 5 p.m. (before the belt exam.)

Although attendance is not required at the formal practices to perform with us, it would be a really good idea to attend at least one, and preferably more, of these.

New Classes

We are now offering DAY CLASSES. Every Tue/Thu 10 a.m.. These are a full curriculum testing classes even if you come to no other classes. Monthly rates: \$25 – 1 day class 2 day classes – \$50, includes a full membership to all classes offered by ETTSD. **Family Discounts.**

Awards Night & Fifth Anniversary

FRIDAY, March 24, 6 p.m.
Appetizer and Dessert Pot Luck!

We will be giving out our Student of the Year Awards & celebrating 5 years in business!! We have had three names and four locations but we are still going.

We will be celebrating our new family area flooring which should arrive soon.

Bring family and friends!

Respect Contest Winner



Caden Hensley won our February Respect Contest and chose foam nunchaku as his prize!

We had a list of students names and each time they said *Yes ma'am, No ma'am, Yes sir, or No Sir AT APPROPRIATE TIMES*, they got a mark. Caden actually tied with the class as a whole, which means I have to bring cookies! Time for Ninja-bread Cookies!!

Being a Good Karate Parent

An ongoing series on how to support your children in martial arts. Each month we present a different aspect of “being a good karate parent.” NOTE: Since we have had a influx of new families over the past few months, I decide to rerun my first column.

Observing your Child’s Class (reprint)

We love it when parents observe classes. We keep chairs in different areas of the dojang where you can get up close and personal with what your child is working on.

I understand that as a parent, you are used to teaching and disciplining your own child, and if you see your children not doing what you think they should, you automatically want to jump in and make corrections.

However, please allow your child to learn without interference. The bottom line of observing a class where your child is a student is the “bloody tongue” approach.

That is, when you have the urge to say something to your child during class, bite your tongue. And keep it bit for as long as it takes for you to accept that your child can learn without your help, even if your tongue bleeds.

Generally, if it is a technical error, it is better to let the instructor make corrections, even if you are also taking classes and know that something should be fixed.

If it is a discipline problem, if your child is not working as hard as you think s/he should, or could, feel free to speak to the instructor outside of class, privately, where

your child cannot hear, but please do not do it in front of your child.

And believe it or not, your child most likely prefers it that way. Criticism from an instructor can be taken on its technical merits, helping a student to improve. Criticism from a parent can hurt a child’s motivation and attitude.

As a parent who has ended up teaching classes my children were taking, I know this from personal experience in martial arts.

For some parents this may be the most difficult rule to follow. It is hard to resist coaching from the sidelines.

Remember also, most parents do not have the time spent in martial arts and the belt rank to qualify them to coach, and can very easily give incorrect advice without realizing it.

Consider if you were observing your child’s class in school. Would you correct your child’s math problem? Would you tell your child to behave when their teacher is already there and responsible for your child?

The same holds for karate class. We have a more relaxed atmosphere than school classrooms, but we do have our own discipline and structure.

Mat Chat

You can find our full **Mat Chat** pages on our website. Select from the menu:

Parents / Mat Chat

This month:

Tenet/Code: Indomitable Spirit (Tenet)

Having the “I Can Do It Attitude!” Not giving up when things go against you! Instead find ways to make your goals/dreams happen!

Terminology

Stances

- **Chun Kul Ja She:** Front Stance
- **Hu Kul Ja She:** Back Stance
- **Kee Ma Ja She:** Horse Stance
- **Choong Be Ja She:** Ready Stance

New Student Promotion Works!!

Students who recruit a new student to ETTSD get a 50% discount on monthly tuition for the first month of the new student’s enrollment! The more you recruit, the more you save!

Beth Foster, active in the Home School community, has been promoting our school on Home School online groups. We have had two families come in who said they came as a result of one of her posts. Caden Hensley paid for this month, so the Foster family will earn half off their highest paid tuition for the month of March! If the other family of four signs up they will get half off their entire tuition for April!

You can do it too!!