



Vocabulary 10

- Reverse round kick ~ Peet cha gi
- Stomp Kick ~ Chit pal gi
- Inside to Outside Crescent Kick ~ Ahneso phaku ro cha gi
- Outside to Inside Crescent Kick ~ Phakesu ahnuro cha gi
- Side Stance ~ Sa ko rip ja seh
- Fighting Stance ~ Deh ryun ja seh

At Home Training

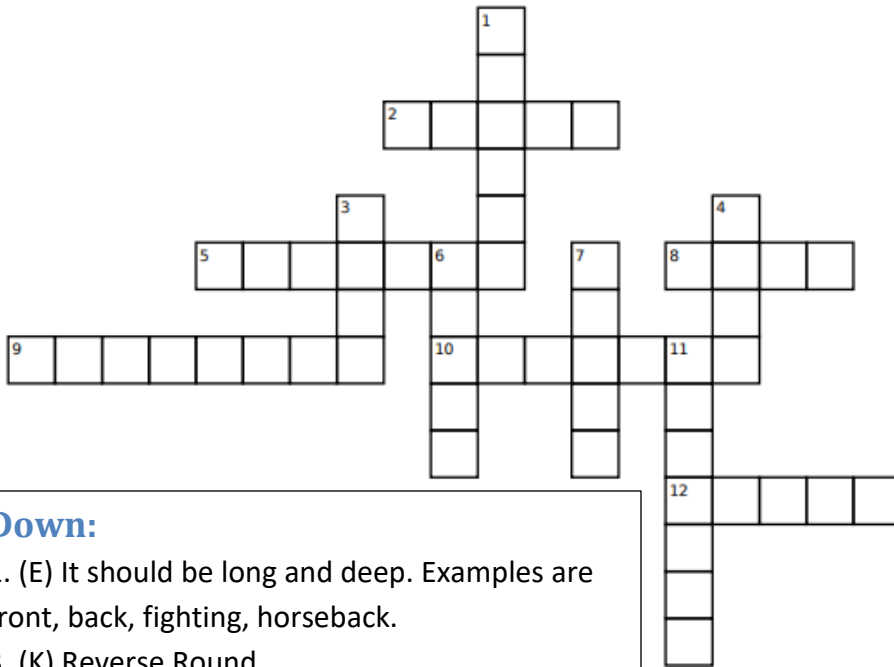
Word Search

A	D	T	D	B	G	G	T	D	P	T
H	N	P	S	T	A	N	C	E	I	I
N	U	H	W	Y	E	I	E	H	T	Q
U	O	A	M	C	M	T	C	R	A	E
R	R	K	S	I	S	H	O	Y	K	C
O	S	E	N	H	A	G	U	U	C	D
H	R	S	V	G	K	I	T	N	I	Q
C	H	U	I	E	O	F	S	N	K	U
P	H	A	K	U	R	O	I	U	G	N
E	D	I	S	N	I	S	D	D	S	O
T	S	T	O	M	P	H	E	S	A	J

AHNEO
AHNURO
CHAGI
CHIT
CRESCENT
DEHRYUN
FIGHTING
INSIDE
JASEH
KICK

OUTSIDE
PEET
PHAKESU
PHAKURO
REVERSE
ROUND
SAKORIP
SIDE
STANCE
STOMP

Crossword - (E) = Answer is English, (K) = Answer is Korean



Down:

- (E) It should be long and deep. Examples are front, back, fighting, horseback.
- (K) Reverse Round
- (E) One of the three beginner kicks
- (E) Chit
- (K) Stance
- (K) Fighting (two words)

Across:

- (K) Kick (two words)
- (E) Going backwards
- (E) Examples are front, round and side
- (E) A kick that can be inside to outside or outside to inside.
- (E) Not inside but...
- (E) A circle is this

MAT CHAT

