



# 6<sup>TH</sup> GUP TO 5<sup>TH</sup> GUP

## TIP TEST REQUIREMENTS

Name: \_\_\_\_\_

For each tip, you must perform the tasks for at least three people listed (2 black belts) and get them to initial that it has been completed. (NOTE: AdvBelt is any adult student, red belt or higher.) If they have critique, they will not initial but tell you what needs to be improved. One row may also be incomplete. When the chart is done, **and you have enough training hours (24)**, you are ready to test for 5<sup>th</sup> gup.

### Tip 1

Requirement	BlkBelt1	BlkBelt2	BlckBelt3	AdvBelt1	AdvBelt2
Pyung Ahn Cho Dan, Chilsung Ee Lo					
Cha Gi: Crescent (3), Knee, Hook (+hop)					
Bong Technique: Four-Point					
Intermediate One-Steps 1-2 (no partner)					
Complete Student Creed					
Korean Terms: Back Kick, Axe Kick					
Codes: 1, 2					

### Tip 2

Requirement	BlkBelt1	BlkBelt2	BlckBelt3	AdvBelt1	AdvBelt2
Pyung Ahn Ee Dan (with help)					
Bong Hyung Il Bu (following)					
Intermediate One-Steps 1-4 no partner					
Mahk Ki: Low-X, High-X, L/H Combo					
Cha Gi: Back, Axe					
Korean Terms: Hook Kick, Side Punch					
Codes: 1-4					

### Tip 3

Requirement	BlkBelt1	BlkBelt2	BlckBelt3	AdvBelt1	AdvBelt2
Intermediate One-Steps 1-5 no partner					
Cha Gi: Hook, Jump Front					
Bong Hyung Il Bu (with help)					
Basic Bo Technique (over hand)					
Breaking: Jump Front Kick					
Korean Terms: Back Fist, Hammer Fist					
Five Codes of Tang Soo Do					