



8TH GUP TO 7TH GUP

TIP TEST REQUIREMENTS

Name: _____

For each tip, you must perform the tasks for at least three people listed (2 black belts) and get them to initial that it has been completed. (NOTE: AdvBelt is any adult student, red belt or higher.) If they have critique, they will not initial but tell you what needs to be improved. One row may also be incomplete. When the chart is done, **and you have enough training hours (24)**, you are ready to test for 7th gup.

Tip 1

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Ki Cho Hyung Il Bu, Ee Bu and Sam Bu					
Cha Gi: Ahp, Tallyo, Yup					
Basic One-Steps 1-5					
1 st and 2 nd Lines of Student Creed					
Count to 10 in Korean					
Low Block/Reverse Punch					
Front Stance (Chung Gul Jasse)					
Back Stance (Hu Gul Jasse)					
Dwi Tora (Back Turn)					

Tip 2

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Pyung Ahn Cho Dan (with help)					
Crescent Kick, In/Out and Out/In					
Low Open Hand Block					
Elbow Strike					
3 rd Line of Student Creed					
Korean: Stances: Front, Back, Horse					
Shows respect in the studio					

Tip 3

Requirement	BlackBlt1	BlackBlt1	BlackBlt1	AdvBelt1	AdvBelt2
Basic One-Steps 1-5 with partner					
Basic Stick Form					
Pyung Ahn Cho Dan					
Breaking: Knee					
Korean: Blocks-High, Low, In/Out					
1 st , 2 nd , and 3 rd Lines of Student Creed					