

Scholarship



The original TSDMA Scholarship was a dream of Master Scott Hanson (TSDMA #012, Oe Dan). He wanted to reward our students for continuing their education. It was renamed in 2019 to the **Master Jeffrey Laliberte Scholarship** in honor of the late TSDMA Founding Master (#003, Sa Dan).

This year, the \$1000 scholarship was awarded to our own Miles Flath, Cho Dan Bo, Level 2.

One of the application requirements was to write an essay describing how your martial arts training has supported and prepared you for continued academic achievement/growth. Excerpts from his essay are included on page 2 of this newsletter.

Shim Sa Results



NOTE: The image was photoshopped. Exams done with physical distancing.

We tested and promoted eight martial artists to new rank on July 25.

- **9th Gup:** Timothy Brown
- **8th Gup:** Ava Leasure, Mia Willis
- **7th Gup:** Blake Clendenin, Bailey Salend
- **5th Gup:** Roger Haracz
- **1st Gup:** Kieran Albright
- **Cho Dan Bo Level 4:** Caleb Crawford

August Shim Sa



Sat, Aug 29, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee

Limited seating outside.

STUDIO T-SHIRTS and UNIFORM PANTS!

Names of eligible students will be listed on the white board in the window above Mr. Ian & Ms. Jennifer's desks after Tip Tests.

Calendar

- **Sat, Aug 8 (NKC) Mat Chat.**
- **Mon, Aug 10/Tue, Aug 11 (ETTSD) Mat Chat.**
- **Mon-Fri, Aug 10–14, Tip Testing.**
- **Sat, Aug 29 – Shim Sa. 3PM.** See details to the left.

Fri, Sep 11 – Baileyton Demo, 5PM. STUDIO CLOSED.

Baileyton Demo

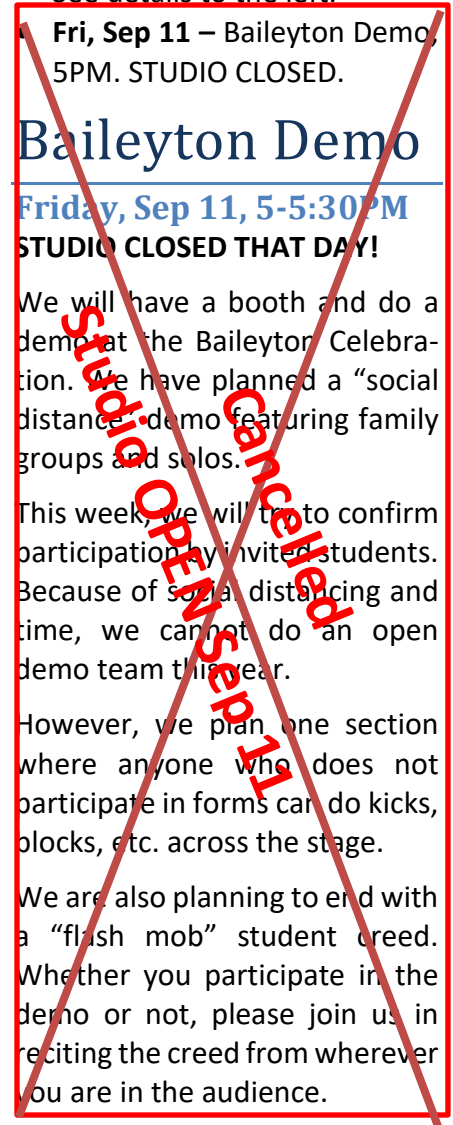
Friday, Sep 11, 5-5:30PM
STUDIO CLOSED THAT DAY!

We will have a booth and do a demo at the Baileyton Celebration. We have planned a "social distance" demo featuring family groups and solos.

This week, we will try to confirm participation by invited students. Because of social distancing and time, we cannot do an open demo team this year.

However, we plan one section where anyone who does not participate in forms can do kicks, blocks, etc. across the stage.

We are also planning to end with a "flash mob" student creed. Whether you participate in the demo or not, please join us in reciting the creed from wherever you are in the audience.



Being a Good Karate Parent

To be considered for the **Master Jeffrey Laliberte Scholarship**, applicants must be active members of a TSDMA School for a minimum of one year prior to application and have attained a minimum rank of third Gup Red Belt. Our own Miles Flath won this year \$1000. Your child may apply when they qualify.

Miles Flath's Scholarship Essay (Excerpts)

Martial arts, as a whole, can affect many different bodies of life, physical and mental. The codes and tenets that you must abide by can and will affect your whole life, especially in your academics. People outside of the area of martial arts see it as a practice in violence, or a practice in self defense, something physical. But the bigger part of martial arts is mental, and how you can control your own body with it.

Strength of mind is more important than your physical strength and will take you farther than any type of physicality. ... It's not all about that fancy degree, or that walk on the stage. It's about how it truly affects you, and how you came out in the end.

Integrity is the idea of being honest and being morally strong. This affects your academics to a large degree, and most would not realize this. The time where you thought you would just ask a friend for an answer, or take a quick look at their paper. ...

Concentration is focusing on the task ahead of you. This is possibly the most important skill for both martial arts and your academics. Without concentration, you cannot project your full potential, and you will not be able to accomplish any task. Being able to stick to that book, ... taking notes and writing down the important details as you go are just some ways that your concentration will affect your academics. The best martial artists ... stick to a task and keep on attempting it until they get it right. If you can focus your attention onto something, you can accomplish nearly everything.

Perseverance is doing something, despite how difficult or strenuous the situation may be. The long nights studying for that exam, almost falling asleep in your book, but you keep on reading despite the heavy eyes. You stick to your class, no matter how hard it is, even if you want to drop out.

Self-control is simple, yet extremely important, especially in college. It is your ability to know the difference between want and need. You want to go out with your friends, but you need to study. You want to go and finish that show, but you need to finish your essay. The ability to keep your mind sharp and on the task for as long as needed, you control what you do. your ability for that control will save you a lot of hassle. ...

The fire in your heart to keep on trying is what you would look for in a person, and that fire in the heart is directly related to the fire that burns in your mind. You should always look to learn more, no matter how good you are, or think you are. You should always be open to other teachings you their knowledge and be willing to give yours away just as freely. Knowledge is the true power that runs the world and is the best way to become the best martial artist you could possibly be.

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code: Perseverance (Tenet 3)

What does Perseverance mean?

- **NEVER GIVE UP!**
- Perseverance is when we start and finish a job.
- Perseverance is when we do work that is hard and sometimes boring, but we finish it.
- When we persevere, our family, teachers & friends trust us.
- When we persevere we improve our skills.
- Perseverance is commitment, hard work and patience.
- Perseverance is trying again and again.

PERSEVERANCE

By Tad Richards

A nine-year-old student
named Jack

Thought a green belt was all he
could hack.

But he persevered
Till he grew a beard,
And now wears a belt that is black.

Terminology

- **Back Kick** ~ Dwi cha gi
- **Axe Kick** ~ Ccik cha gi
- **Hook Kick** ~ Yup hu ri gi cha gi
- **Side Punch** ~ Weng jin kong kyuck
- **Back Fist** ~ Kap kwon kong kyuck
- **Hammer Fist** ~ Kwon do kong kyuck