



Vocabulary 11

- Knife Hand attack ~ *Soo do kong kyuck*
- Ridge Hand attack ~ *Yuk soo do kong kyuck*
- Spear Hand attack ~ *Kwon soo kong kyuck*
- Elbow strike ~ *Pahl koop kong kyuck*
- Backfist attack ~ *Kap kwon kong kyuck*
- Outside to inside block ~ *Phakeso ahnuro mahk kee*

At Home Training

Word Search

K C A T T A H N U R O G K	AHNURO	KWONSOO
N O W O B L E P P R F E C	ATTACK	MAHKKEE
I J N B A O O S N O W K O	BACKFIST	OUTSIDE
F G R G C O N D O U R I L	BLOCK	PAHLKOOP
E E E K K H A M W T O R B	ELBOW	PHAKESO
R X A L F Y X K K S D T R	HAND	RIDGE
D H H X I V U I P I O S I	INSIDE	SOODO
R A E P S Y C C A D O F N	KAPKWON	SPEAR
P N X D T P H A K E S O A	KNIFE	STRIKE
E D I S N I R I D G E T K	KONGKYUCK	YUK

Crossword - (E) = Answer is English, (K) = Answer is Korean

- Across:**
6. knife hand (K, 2 words)
 7. kyung kyuck (E)
 8. Soo Do (E, 2 words)
 9. backfist (K, 2 words)
 10. Pahl koop (E)
 11. mahk kee (E)
 12. block (K, 2 words)
- Down:**
1. Kap kwon (E)
 2. Phakeso ahnuro (E, 3 words)
 3. Yuk soo do (E, 2 words)
 4. Kwon soo (E, 2 words)
 5. elbow (K, 2 words)
 8. attack or punch (K, 2 words)

MAT CHAT

