

Feb Shim Sa



NOTE: The image was photoshopped. Exams done with physical distancing.

We tested seven martial artists to new rank during our Feb Shim Sa.

- **7th Gup:** Zak Moore
- **5th Gup:** Blake Clendenin, Chelsey Rhea, Bailey Salend, Shannon Salend.
- **4th Gup:** Mason Carter, Ryan Foster



TSDMA Spring Interclub

The last day for registration for the Spring TSDMA Tournament is Friday, Mar 5! If you plan to compete, please get your registration in by then.

Divisions will arrive separately. As soon as the division schedule is available, we will distribute.

Register here (the link is directly accessible from FB and Twitter):

<https://tsdma.redpodium.com/2021-tsdma-spring-interclub>

Fri/Sat Classes Calendar

SIGN UP ONLY! To sign up for Fri/Sat classes, contact us online or sign up at the studio. Limited student spots available. Sign up early!

Friday

Weapons 5-6pm, age 7+

We will still practice required weapons in class at least once a month. This class is for those who want more. We are starting out with the following schedule, but it may change:

- 1st Fri: Sticks
- 2nd Fri: Bo
- 3rd Fri: Sword (Intermediate & up)
- 4th (and 5th) Fridays. A variety of weaponry including knife, fan, kama, nunchaku, sai.

Sparring 6-7pm, age 7+

We hope to bring sparring back to the regular class soon, but for now, we offer this class for those willing to spar without social distancing. For this class you must sign a waiver, and have gear: head, hands, feet, mouthpiece, and athletic cup (for males).

Saturday

Zoom with CIKF, 9-10am

We join Grandmaster Charland for his Family Class, when available.

Cho Dan Bo and Black Belt 10-11am

Limited to those ranks.

Family Class. 11-noon

We are reinstating our Free Family Class and invite any parents who are not enrolled to join their children working out for free. Focus on basics.

- **Mon, Mar 1.** ETTSD Mat Chat.
- **Sat, Mar 6.** Newport Mat Chat.
- **Sat, Mar 13.** TSDMA Interclub via Skype. See column 1 for details. NEWPORT STUDIO CLOSED.
- **Mon-Thu, Mar 15-18,** Tip Testing.
- **Tue/Thu, Mar 23/25,** Weapons
- **Sat, Mar 27.** Phase I and II, Black Belt Testing. Closed testing.
- **Fri-Sat, Apr 2 & 3.** ETTSD CLOSED for Easter. NEWPORT OPEN.

New Schedule

Our new schedule starts THIS MONTH. Be sure to get a copy if you don't have one. We are trying to make sure everyone does, but we may miss someone.

Little Dragon & Youth Classes now run three days/wk. This gives the options of more time, or a choice of days.

Students are welcome to attend all three days. If you choose to come twice per week, choose which two days. Let us know which you choose, so we can fill classes accordingly. With social distancing in effect, we limit class size. Thank you for your cooperation in these difficult days.

Summer Uniforms

Summer uniforms will be permitted, starting in May. Details in next month's newsletter.

We will be ordering t-shirts in April, so PRE-ORDER your t-shirt this month to be sure to get them by then.

Students of the Year: Dedication

Mat Chat

2020 Awards Presented at February Shim Sa

We've never had a theme for our Student of the Year Awards before, but I realized our three recipients have one thing in common. Dedication.

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code: Honor Friendship (Code)

What it means.

It means you value the people in your life. You treat your friends with respect and kindness. You do not take them for granted.

What it DOESN'T mean.

It does not mean that you do anything a friend tells/asks you to do. If your friend asks to you lie, steal, to sneak out at night, you honor friendship by NOT doing what they ask and telling them they should not either!

What would you do?

- Your best friend is always there for you. Today she needs help with a project and asks for your help. You are busy with your own life. Do you help her?
- Your friend is going through a hard time. He needs you to listen to him. Your favorite tv show is about to come on. Do you take the time to listen even though it may not be convenient?
- A couple friends want to go to a party but their parents say no. They want you to say they are at your house and they will say you are at their house, so you can all go to the party. What do you do?

Terminology

- **Dojang** – Martial Arts Studio
- **Do Bok** – Martial Arts Uniform
- **Dee** – Belt
- **Ko Ma Sum Ni Da** – Thank You
- **Chomanayo** – You Are Welcome

Little Dragon

Noah Clendenin

This Little Dragon was four years, three months old when he started with us and is readying to move up to the Youth Beginner class.



In all that time, other than planned vacations, he has missed very few classes, and has (well, almost) always been a cheerful, hard-working student.

He is a quick learner and probably knows more of our Korean terminology than our red belts.

We are proud to award our Little Dragon Student of the year award to Noah Clendenin.

Youth

Mason Carter

Our Youth recipient is the definition of dedication.

He works hard, listens well and has the best self-discipline I have seen in a student in a long time.



If he isn't in class, I contact his mom to see what's wrong because he never misses.

When he arrives for class, he can be seen stretching, or standing still in choong be, ready stance, while others around him are raising a ruckus.

He is helpful, attentive, knows how to follow directions, and I am sure he has it in him to become a black belt.

We are proud to award our Youth Student of the year to Mason Carter.

Adult

Chelsey Rhea

Our adult student of the year is another totally dedicated martial artist.

She is well on the way to black belt and we are betting she will get there.

This student comes to every class she can and still asks for more.

She texts us when she can't be there and even when she is just going to be a little late.

She works hard, learns more than required, and is always willing to help with lower rank students.

We are proud to award our Adult Student of the year award to Chelsey Rhea.

