

Shim Sa Results



We tested, or will test, 9 Gups and one Cho Dan Bo to new rank during our Summer Shim Sa.

- 9th: Bryley Frazier, Vivian Ruocco
- 8th: Adam Johnson, Xavier Reyes
- 7th: Harrison Ayers, Brantley McAmis
- 4th: Silas Hale
- 1st: Brayden Salend
- CDB 1: Kieran Albright
- CDB 3: Ryan Crawford

Newport Studio Expands Classes

There was such a huge response to classes in Newport that they have now expanded their schedule. Mr. Ian will be teaching the new classes.

NEW Schedule:

- Little Dragons A , 4:30-5.
- Youth 5-6:30.
- Little Dragons B, 6:30-7
- Youth/Adult 7-8:30.

FOR MORE INFO:

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Tournament Results



We had five students from ETTSD and NMAA compete in the Kelly's Heroes Classic in Rogersville. No one went home empty-handed and we SWEPT the Gup 12 and under Weapons division, taking 1st, 2nd, and 3rd. Results:

- Brayden Salend – 1st weapons, 2nd forms
- Silas Hale - 3rd weapons, 1st forms
- Caden Lovell - 2nd weapons, 2nd forms, 3rd sparring
- Brantley McAmis - 2nd forms
- Lillian Mullins - 4th forms, 2nd sparring

Uniform Printing

Last call for uniform tops for printing. We are trying to get 12 before Sep 15, when we will send them to the printer.

If you want our logo and your name on your dobok top, be sure it's clean and give it to Ms. Jennifer before Sep 15.

We only do this ONCE PER YEAR so this is your last chance until summer 2022!

Cost will be \$10.

Calendar

- Sat, Sep 4 and Mon, Sep 6. CLOSED FOR LABOR DAY.
- Fri, Sep 3. Mat Chat, NMAA
- Tue, Sep 7. Mat Chat, ETTSD
- Fri, Sep 10. Tip Testing, NMAA.
- Thu, Sep 2 & 9, Sparring, ETTSD
- Mon-Thu, Sep 13-16, Tip Testing, ETTSD
- Mon, Sep 20, 6PM, Judging Seminar via Zoom. **SEE PAGE 2.**
- Tue/Thu, Sep 21/23, Weapons
- Mon, Sep 27. Bunkai Seminar with Master Sgro. **SEE PAGE 2.**
- Sat classes. Sep 18, 25

Schedule Change and Sep Mods

We are cancelling Friday classes for the time being. Mr. Ian will be teaching in Newport and at the moment there is no available instructor. We hope to resume them in the near future.

This month we are having two seminars (details on page 2) which entail slight schedule modifications on those days, Sep 20 and Sep 27. Both seminars start at 6. If a student would rather have a regular class rather than the seminars, they are welcome to attend the 5PM class.

Full Uniforms in Oct

Full uniforms will be required starting Monday, Oct 4. We will make exceptions (of course) for extreme heat days.

September Seminars

This month, students will have the unique opportunity to participate in two clinics. Both start at 6PM. If students would rather have a regular class than the seminars, they are welcome to attend the 5PM class.

Judging Clinic in CT via Zoom

Monday, Sep 20, 6-8PM

Open to Intermediate belts and up

Many people complain about judges at tournaments, but until you've been there, done it, you may not understand the how and why of scoring.

At this seminar, you will learn to judge for tournaments and get practice doing it yourself.

Taught by TSDMA 3rd dans and up, it is aimed at their upcoming October tournament but should apply to most any tournament you attend.

Although tournament judges need to be Cho Dan Bo or above, it should be helpful to learn the how and why of scoring, so we have opened the seminar to 6th Gup (Green/White) and up.

Master Sgro Bunkai Clinic Monday, Sep 27, 6-8PM \$25 - Benefits Operation Christmas Giveaway.

(If you cannot afford this, see Ms. Vic. Scholarships are available.)

Don't miss the chance to work with Kwan Jang Nim Sgro at this clinic. Bunkai is the practical application of forms. The word itself means "to break down" in Japanese.

KJN Sgro is a 8th Degree Black Belt in Tang Soo Do; a 5th Degree Black Belt in Japanese Ju-Jitsu; a Certified Arnis/ Kali/Escrima Instructor; a 2

Stripe Blue Belt from Royce Gracie in Brazilian Jiu-Jitsu; and the Creator of FIGHT CUT (Fully Integrated Grappling & Hitting Techniques, Close Up Techniques) taught to thousands of soldiers including the US Special Forces (Green Berets) and the 82nd Airborne (Ft Bragg, NC).

KJN Sgro is also a missionary. The profits from this seminar will go to his project, *Operation Christmas Giveaway*.

For 20 years *Operation Christmas Giveaway* has benefited kids in Guatemala, Mexico, and the Philippines! You can help. We will have a collection box at the studio. The items will be picked up at the clinic. Please consider donating:

Tooth Brushes/Paste (Travel size), Travel Soap/Shampoo, Hair Things, Nail Polish, Combs/Brushes, Chewable Vitamins, Children's Motrin, Rulers, Marbles, Erasers, Plastic Animals, Crayons/Color Books, Small Cars, Scissors (Kids), Jump Ropes, Pens/Pencils, Playing Cards, Glue Sticks, Yo Yo's, Stickers, Dollar Tree Items, Pencil sharpeners, Puzzles, Markers, Plastic toys.

They are also looking to help widows make earrings to earn a decent living wage. To help, they need Flat nose pliers, Round nose pliers, Wire Cutters

Make checks for the clinic to Missionary Companion Ministries C/O David Sgro.

Mat Chat

You can find our full *Mat Chat* pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

Respect and Obedience (Tenet 4)

What does it mean?

- Respect is thinking and acting in a positive way about yourself or others.
- Respect is thinking and acting in a way that shows others you care about their feelings and their well-being.

Examples

- You follow your parents' rules to show them you care (respect) how they feel about the situation. (That's where Obedience comes in!)
- You don't call people names because you care about (respect) their feelings.
- You don't hit or hurt people because you care about (respect) their well-being.

Terminology

- First: *il*
- Second: *ee*
- Third: *sam*
- Fourth: *sa*
- Fifth: *oeh*
- Sixth: *yuk*
- Seventh: *chil*
- Eighth: *pal*
- Ninth: *ku*
- Tenth: *sip*