

Black Belt Grading



Congratulations to those who tested with KJN Charland during his visit. Mr. Keith Foster, Ms. Emilie Foster and Mr. Graysun Ingle are now Ee Dan (2nd degree) black belts. And Mr. Caleb Crawford has joined our black belt ranks. He is our first black belt who started with us as a 4-year-old Little Dragon.

We are so proud of all of them and appreciate what they bring to the studio. We couldn't do it without them.

Summer Uniforms and Logo Printing

From May 1 through Sep 30, we allow Summer dress. Permitted:

- T-shirts instead of uniform top. Allowed: Studio t-shirt. White t-shirt. Plain colored t-shirt in a color on your belt. Karate t-shirt, including tournament t-shirts.
- Shorts, WHITE ONLY please!!!

During this time, we will also collect uniform tops for logo printing (\$15). Give your top to Ms. Jennifer. We need to collect at least 12 before sending them to the printer.



Iris Festival Demo

Sat, May 21, 1:45PM
Dance Stage

The dance stage is on N. College St near McKee St. Please meet us behind the stage area at 1:30PM-ish.

Our demo team is open to all students. The only requirement for participants, except Little Dragons, is coming to at least two full demo practices.

We will be practicing parts of it in class before then including all students even if they are not performing. Full demo practice: Tue, May 17, 5PM and 6PM; and Thu, May 19, 5PM and 6PM (if necessary). This may entail attending a class earlier or later than normal.

Free Self-Defense

Tuesday, May 31, 7-8PM, age 13+

This hands on (literally) class covers a variety of useful techniques to help to raise your awareness of your surroundings as you learn new skills.

We believe that everyone should have a basic understanding of self-defense and hope that we can, in some small way, contribute to that understanding.

Free of charge although donations to help fund improvements at East TN Tang Soo Do will be accepted.

NO REGISTRATION REQUIRED!

Calendar

- Free Sat classes at ETTSD, 11AM. May 14, 21.
- Sat, May 7. Kelly's Heroes Tournament, Rogersville. See page 2
- Tue, May 31, 7PM. Free Self-Defense class at ETTSD. See Col. 2
- Sat, Jun 4. Shim Sa. See below.
- Sun, Jun 5, Zoom Interclub. Pg 2.

East Tennessee Tang Soo Do

- Thu, May 5 & 19, Sparring
- Mon/Tue, May 2/3. Mat Chat
- Mon-Thu, May 9-12, Tip Testing
- Sat, May 21, Iris Festival Demo
- Tue/Thu, May 24/26, Weapons
- Sat/Mon, May 28/30, closed for Memorial Day.

Newport Martial Arts Academy

- Fri, May 6. Mat Chat, Sparring
- Fri, May 13. Tip Testing
- Tue, May 17, Picture Day
- Fri, May 20, Sparring
- Fri, May 27, Weapons

May/Jun Shim Sa



Sat, Jun 4, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

T-Shirts/Uniform pants allowed.

Invitations to test will be given to eligible students. For ETTSD, eligible students will also be listed on the white board above Mr. Ian and Ms. Jennifer's desks.

Tournament Updates

RESULTS

Bryan Open



Congrats to Harrison Ayers who took 1st place in age 7-17 Beg/Int under-belt Weapons and Ryalen Poore who took 1st in age 7-8 Girls Sparring. All our competitors performed well!

Twist Open



Congrats to Silas Hale who took 2nd in Forms and 2nd in Sparring at the Twist Open. We did not support this tournament as a studio, but the Hales checked it out for us.

UPCOMING

Kelly's Heroes Classic Saturday, May 7, 2022

Cherokee High School

2927 TN-66, Rogersville, TN

\$50 at the door. 45 min from studio. Smaller, friendly. Medals. We are definitely going to support this one. Registration at the door.

Ben Kiker's Mid-South Championships

Saturday, May 7, 2022

Gilmer High School

508 Bobcat Trail, Ellijay, GA

3 hrs. Bigger, challenging. Trophies like the ones in the front windows. We haven't heard from anyone definitely

going, so we may not support it. Please let us know if you plan to go. <https://www.facebook.com/events/5135114729843909>

TSDMA Summer Interclub Sunday, Jun 5, 2022

@ETTSD via Zoom

This is our parent organization's Interclub that we have competed in via Zoom before. Advantage: just come to the studio, at your division's time, to compete. Disadvantages: you don't get medals that day, don't get to see others in your division compete. We will send out the registration info when it becomes available.

The Battle of Champions Saturday, Jun 11, 2022

Ringgold, GA

Run by Jessie Thornton

<https://www.jessiethorntonunitedkarate.com/> If there is interest, we will support.

UNITE Father's Day Tournament Saturday, June 18, 2022

Flaming Sword Christian Academy

3230 Legion Rd, Hope Mills, NC

[sktsd.com/fathers-day-tournament.html](https://www.sktsd.com/fathers-day-tournament.html)

Includes Team Demo competition. Master Sgro added weapons forms at my request, so we will support this.

Master Charland's Visit

I hope everyone got to meet KJN Charland during his visit.



He did an impressive board break for the Little Dragons and lead an hour sparring techniques seminar with our Youth and Adult students.

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

In fighting choose with sense and honor (Code 5)

What does it mean?

This means to pick your battles wisely. Only fight when there is no other choice. Do not learn to fight to get your way by bullying those weaker than you. We learn how to fight so that we do not have to fight – this is the way of Pyong Hwa Kunin (Peaceful Warriors).

What it DOESN'T mean.

Just like Code 4, it does not mean that you fight every fight that comes your way.

Terminology

- **Front Kick** ~ Ahp cha gi
- **Side Kick** ~ Yup cha gi
- **Round Kick** ~ Tallyo cha gi
- **Front Stance** ~ Chun kul ja seh
- **Back Stance** ~ Hu gul ja seh
- **Horse Stance** ~ Kee ma ja seh

Announcements

No Summer Camp

We apologize, but given the number of tournaments and other events, we just don't have the time or resources to put together a Summer Camp.

No Parking Next Door

Greene County Rental, next door on Bohannon, has requested we not park in front of their fence/gate until after they close at 5PM.

Sick Students

If your child is ill, please stay home. We recently had an illness spread via a student who came to class ill.