

Iris Festival Demo



Sat, May 21, 1:45PM

Everyone did an awesome job, and the performance was, as always, excellent. If you missed it, you can find more pictures and videos on our photo site.



We have to give a special shout out to our 4-6 year old Little Dragons who were patient and well-behaved as well as excellent performers.



And thank you to our teen black belts Ms. Emilie Foster, Mr. Graysun Ingle, and Mr. Caleb Crawford, for not only performing but leading other groups in their performances.

Logo Printing



While we are wearing Summer Uniforms, we thought it would be a good time for newer students to have their tops printed if they desire.

If you want our logo and your name on your dobok top, be sure it's clean and give it to Ms. Jennifer. Once we have a good number, preferably twelve or more, we will schedule a date for printing. Cost is \$15.

Mr. Keith's New Business Venture



Mr. Keith Foster, one of our newly promoted Ee Dans, and his wife Beth, are opening a storefront for their bakery. *Landing Café and Bakery*, located in the Mountain Song Plaza at 564 Tusculum Blvd, is less than a mile from the studio. They plan to have their **Grand Opening** on July 4.

The coffee house and cafe features house made bakery items, bakery treats and other snacks. Don't miss Mr. Keith's famous cinnamon rolls!!

Calendar

- **Free Sat classes at ETTSD, 11AM.** Jun 18, 25.
- **Sat, Jun 4.** Shim Sa. See below.
- **Sun, Jun 5.** TSDMA Interclub via Zoom @ETTSD.
- **Sat, Jun 11,** Battle of Champions, Ringgold, GA.
- **Sat, Jun 18,** UNITE Father's Day Tournament, Fayetteville, NC.
- **Tue, Jun 28, 7PM.** Free Self-Defense class at ETTSD.

East Tennessee Tang Soo Do

- **Thu, Jun 2, 9, & 30,** Sparring
- **Mon/Tue, Jun 6/7.** Mat Chat
- **Mon-Thu, Jun 13-16,** Tip Testing
- **Tue/Thu, Jun 21/23,** Weapons
- **Sat, Jul 2 / Mon, Jul 4,** CLOSED for holiday

Newport Martial Arts Academy

Friday Summer Hours:

Dragons: 4:30-5, Youth: 5-6:30

- **Fri, Jun 3.** Mat Chat, Sparring
- **Fri, Jun 10.** Tip Testing
- **Fri, Jun 17,** Sparring
- **Fri, Jun 24,** Weapons
- **Fri, Jul 1,** CLOSED for holiday

May/June Shim Sa



Sat, Jun 4, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

T-Shirts/Uniform pants allowed.

Spectators welcome.

Tournament Updates

RESULTS

Kelly's Heroes Classic



Interesting day at the Kelly's Heroes Classic, as much for the misses as for the trophies and medals. We had 8 competitors from ETTSD and 2 from Newport. From high to low rank.

Brayden Salend took 2nd in weapons in a field of 9, but, for the first time since his first tournament, did not place in forms. He took the chance on a new form, Chil Sung Sam Lo, rather than his standard Bassai, and I'm proud of him for it. And a good experience for a kid used to winning.

Silas Hale was our big winner of the day, taking 4th in weapons in that same huge division, 1st in form and 2nd in sparring, a close match like most from the day.

Harrison Ayers took 4th in forms, off from 3rd place by a couple hundredths of a point. He took 4th in sparring, losing a close match.

Tyler Barnett took 4th in forms in a division of 10. He had the worst luck in sparring. In a division of 9, there are 7 byes and he didn't get one. The other kid who didn't get the bye ended up taking 2nd place after beating Tyler 5-4. Afterwards one of the judges called Tyler and his parents over to compliment his sparring and to encourage him, when the times comes, to apply for a martial arts scholarship at Bryan college where he teaches.

Ryalen Poore took 2nd in sparring, winning her first match, losing the second match 5-4.

Dawson Poore was another near miss, tying for 4th place in forms in a division of 13, but losing the tie-breaker. He did a different form, one he was not as familiar with, and although his techniques were good, he had several hesitations in the form.

Gabriel Hale, competing this year as a gup rather than a Little Dragon, took 3rd place in forms and 1st place in sparring in a division of 9.

Nate Peterson, from Newport, in his first open tournament, took 2nd place in sparring, winning his first match and losing his 2nd 5-4.

Neither Sophia Carlson from Newport nor Karter Poore from ETTSD brought home trophies or medals, but both performed well and I am sure they will do well in future tournaments.

UPCOMING

TSDMA Summer Interclub Sunday, Jun 5, 2022

@ETTSD via Zoom

Our parent organization's Interclub that we have competed in via Zoom before. <https://tsdma.redpodium.com/2022-tdma-summer-interclub>

The Battle of Champions Saturday, Jun 11, 2022

Ringgold, GA

<https://www.jessiethorntonunitedkarate.com/> Looks like we will support.

UNITE Father's Day Tournament Saturday, June 18, 2022

Flaming Sword Christian Academy

3230 Legion Rd, Hope Mills, NC

sktsd.com/fathers-day-tournament.html

Includes Team Demo competition. Master Sgro added weapons at my request, so we'd like to support this.

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code: Integrity (Tenet 1)

What does Integrity mean?

Integrity means doing the right thing, even when nobody is watching, because it's the right thing to do!

What's the right thing to do?

- You notice your grandmother dropped a \$20 bill the same day you want to buy a popular new video game or toy.
- You saw the last piece of your sister's birthday cake in the refrigerator but know your sister was hoping to have it for dessert.
- You are at the grocery store with your mother and know you could put that package of candy in your pocket with no one seeing.
- Your instructor does warm up along with you. When you are stretching she can't see you so could just sit there and do nothing while she isn't looking.

Terminology

- **Low Punch** ~ Ha dan kyuck
- **Center Punch** ~ Choong dan kyuck
- **High Punch** ~ Sang dan kyuck
- **Low Block** ~ Ha dan mahk ki
- **High Block** ~ Sang dan mahk ki
- **Inside to outside Block** ~ Ahneso phaku ro mahk ki