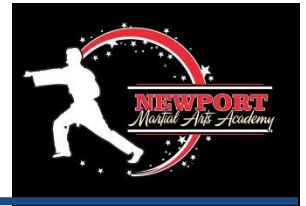




ETTSD AND NMAA NEWSLETTER



TANG SOO DO

VOLUME 7, NUMBER 9 SEPTEMBER 2022

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 — 423-609-1408 — ETTSD.COM — INFO@ETTSD.COM

Demos and Booth

Sat, Oct 1

ETTSD

**Festival of Nations
Notre Dame Church
212 Mt. Bethel Road
Booth: 10-4, Demo: Noon**

Please arrive for the demo at least 15 min before performance time. We will meet at our booth to coordinate.

We will be rehearsing off and on all month, but mostly during the week of 9/26-9/29 as well as part of our Saturday Skills Class, noon-1PM.

All students who know at least one form are welcome to participate.



NMAA

**Newport Harvest Street
Festival
Courthouse Parking Lot
Demo: 11AM**

Performers should meet in the Courthouse parking lot by 10:45PM to coordinate the demo.

Newport students will rehearse some each Friday. and are welcome to join ETTSD students at their practices if they wish, especially Sep 10, noon, to prep for the demo.

Class Changes

Ranks for Int/Adv Class

Because of class sizes, we have been promoting 7th gup Beginner students into the Intermediate/Advanced class. That class is now large, so we are not going to promote 7th gups to the class for the time being. The change will not affect current students.

Please understand this is not a reflection of students' skill but wanting to put them in the class where they will get the best training and most attention.

Saturday Changes (again)

Starting in September, noon Sat Family Class will become Skills class. Mostly focused on sparring, it will also include tournament open-hand, weapons forms, and demo practice, when needed. The class is open to students from ETTSD, NMAA and Heritage.

Logo Printing



LAST CHANCE!

If you want a logo/name on a dobok top, give it to Ms. Jennifer by Sep 20th. Cost is \$15.

We will return tops for the Sep 17 tournament if you are planning to go. Please let Ms. Jennifer know.

We only do this ONCE PER YEAR, so this is your last chance until summer 2023!

Calendar

- **Sat Skills class**, noon, Sep 3, 10
- **Sat, Sep 17**. Back to School Tournament, Fayetteville, NC. See Page 2.
- **Tue, Sep 27, 7PM**. Free Self-Defense at ETTSD.

East Tennessee Tang Soo Do

- **Sat Jiu Jitsu**, 11am. Sep 3, 10, 17, 24.
- **Mon, Sep 5**, Closed for Labor Day
- **Tue, Sep 6**. Mat Chat
- **Thu, Sep 8, 22**, Sparring
- **Mon-Thu, Sep 12-15**, Tip Testing
- **Tue/Thu, Sep 27/29**, Weapons
- **Sat, Sep 24**, Shim Sa, see below

Newport Martial Arts Academy

- **Fri, Sep 2**. Mat Chat, Sparring
- **Fri, Sep 9**. Tip Testing
- **Fri, Sep 16**, Sparring
- **Fri, Sep 23**, Weapons
- **Fri, Sep 30**, Games.Self-defense

Sep Shim Sa



Sat, Sep 24, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

T-Shirts/Uniform pants allowed.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test Week.

For ETTSD, eligible students will also be listed on the white board above Mr. Ian and Ms. Jennifer's desks.

Tournament Updates

RESULTS

47th Annual Tennessee State Karate Championships

Saturday, Aug 13, 2022

Upperman High School, Baxter, TN

We had a great day at the Tennessee State Karate Championships. Well-organized, well-run, overall excellent.

We had four competitors and no one went home empty-handed. Large divisions. Gabriel's were the largest, 9 in forms (and he took FIRST), and 14 in weapons since the age range was larger. The others weren't much smaller. Challenging but very friendly.

Our results:

- **Brayden Salend:** 3rd weapons, 1st forms
- **Silas Hale:** 2nd weapons, 4th forms
- **Harrison Ayers:** 4th weapons, 3rd forms, 4th sparring
- **Gabriel Hale:** 1st forms



UPCOMING

"Back to School" Tournament

Saturday, Sep 17

Fayetteville Bible Chapel, 414 Country Club Rd, Fayetteville, NC

Approximately 5 hours.

It's a long way, but we like to support Master Sgro's tournaments. He is Grandmaster of our grandparent organization Moo Yea Tang Soo Do. Also, profits from his tournaments benefit his ministries in Guatemala and the Philippines.

This tournament also includes the return of the pre-tournament clinic which is worth the reg fee by itself.

Tournament Schedule

8:30am Doors Open for Registration

9:00am Clinic for all Ranks

10:00am Competition begins

Competition in 1) Team Demo, 2) Forms, 3) Sparring, 4) Padded Weapons Sparring, 5) Weapons Form

Registration: (sgrokarate.redpodium.com/back-to-school-tournament-2019)

1) Register ON, OR BEFORE Sep 9. \$40 Individuals. \$75 Family (2 or more)

2) Register BETWEEN Sep 10 – 16. \$50 per person (No family discount)

3) Register AT THE DOOR. \$60 per person (No family discount)

Spectator Fees (Pay at the Door): \$5 Individual, \$10 Family

Battle of Lenoir City

October 29, 2022

War Memorial Building, Lenoir, TN

Approximately 1.5 hours

Knoxville area. This is billed as the first of an East TN circuit and we definitely want to be part of that.

The Tri-State Championships

November 05, 2022

Dalton, GA

Approximately 3 hours

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

Respect and Obedience (Tenet 4)

What does it mean?

- Respect is thinking and acting in a positive way about yourself or others.
- Respect is thinking and acting in a way that shows others you care about their feelings and their well-being.

Examples

- You follow your parents' rules to show them you care (respect) how they feel about the situation. (That's where Obedience comes in!)
- You don't call people names because you care about (respect) their feelings.
- You don't hit or hurt people because you care about (respect) their well-being.

Terminology

- First: *il*
- Second: *ee*
- Third: *sam*
- Fourth: *sa*
- Fifth: *oeh*
- Sixth: *yuk*
- Seventh: *chil*
- Eighth: *pal*
- Ninth: *ku*
- Tenth: *sip*