



TSDMA SOUTH NEWSLETTER



VOLUME 8, NUMBER 1 – JANUARY 2023

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

Shim Sa Results



We promoted three Cho Dan Bos and 8 gups from two studios to new rank during our September Shim Sa.

ETTSD

CDB4: Brayden Salend, Dakota Self

CDB2: Jude Gabaldon

3rd Gup: Harrison Ayers

4th Gup: Lillian Mullins

5th Gup: Tyler Barnett

7th Gup: Brian Gall

9th Gup: Kenzie Martin

NMAA

8th Gup: Sophia Carlson, Aryanna Helton

9th Gup: Vera Weisbrodt

Winter Reminder



If we need to close due to weather, we will post it on:

- Facebook – facebook.com/ettsd
- Twitter – @EastTNTangSooDo
- There is a Twitter feed on the website also – ettsd.com

Feel free to message, email, or call, if you need more information.

TSDMA South Interclub 2023

Tournament and Demo

Saturday February 18, 2023



@East TN Tang Soo Do

216 Bohannon Ave, Greeneville, TN

- Doors open 9AM.
- Demo at 10AM
- Tournament starts following the demo, starting with Little Dragons.

We plan to do an Interclub tournament each year to introduce the tournament season.

And to make up for missing the Festival of Nations, we will put on our demo at this tournament.

Registration fee \$10 per event (Forms, Sparring, Weapons, Breaking.)

Spectators – Donation (\$2 - \$5 recommended.)

Registration forms will be available at ETTSD, NMAA, and Heritage.

This tournament is, in part, held to give first time competitors a chance to see how a tournament works before competing in larger ones.

Please support our studios and organization by participating in our demo and tournament.

Calendar

Open to ETTSD, NMAA and Heritage Martial Arts Students

- Jiu Jitsu @ETTSD, Fridays 6PM. Free for ETTSD students, \$5/class for others.
- Sat, Jan 28, Shim Sa, see below.
- Tue, Jan 31, 7PM. Free Self-Defense class @ETTSD. Open to all.

East Tennessee Tang Soo Do

- Tue, Jan 3. Mat Chat
- Tue-Thu, Jan 10-12, Tip Testing

Newport Martial Arts Academy

- Fri, Jan 6. Mat Chat, Sparring
- Fri, Jan 13. Tip Testing
- Fri, Jan 20, Sparring
- Fri, Jan 27, Weapons, Parent observation

January Shim Sa



Sat, Jan 28, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

Full Uniform required.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Mr. Ian and Ms. Jennifer's desks.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.

Reminder: New Schedule



216 BOHANNON AVE.
GREENEVILLE, TN

423-609-1408

ETTSD.COM
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SCHEDULE, AS OF 1 JAN 2023

DAY	TIME	CLASS
MON	4:15 – 4:45	Little Dragons (6 and under)
	5:00 – 5:45	Youth Weapons (ages 7-15)
	6:00 – 6:45	Youth Sparring (ages 7-15)
	7:00 – 8:00	Teen/Adults, Advanced & Up (ages 13 and up)
TUE	10:00 – 11:00	Family Class (7 and up)
	11:00 – 11:30,	Open Mat
	4:15 – 4:45	Little Dragons (6 and under)
	5:00 – 5:45	Youth Beginners (ages 7-15)
	6:00 – 6:45	Youth Int/Adv (ages 7-15)
	7:00 – 8:00	Teen/Adults, All Rank (ages 13 and up)
THU	10:00 – 11:00	Family Class (7 and up)
	11:00 – 11:30	Open Mat
	4:15 – 4:45	Little Dragon/Big Dragon
	5:00 – 5:45	Youth Beginners (ages 7-15)
	6:00 – 6:45	Youth Int/Adv (ages 7-15)
	7:00 – 8:00	Teen/Adults, All Rank (ages 13 and up)
FRI	5:00 – 5:45	Weapons
	6:00 – 6:45	Jiu Jitsu
SAT	10:00 – 12:00	1 st Sat: Cho Dan Bo/Black Belt Otherwise reserved for special events.

- The Monday weapons class is for Youth students only. It will focus on required weapons and forms but also on other methods with our required weapons. Occasionally we will also use this class for games, allowing a larger number of students to participate.
- The Friday weapons class is open to all Gup students, Youth, Teen, and Adult. It will be taught by Mr. Dakota and/or Mr. Jude and will allow students to learn a variety of weapons not required for curriculum including nunchaku and sai, and non-required aspects and forms of escrima (sticks) and bo (staff).

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: [Parents / Mat Chat](#)

This month:

Tenet/Code:
Loyalty to one's country (Code 1)

What is Loyalty?

Standing by or standing up for someone or something you believe in, such as your country.

Examples of Loyalty

- When you recite the Pledge of Allegiance you feel proud to be an American.
- Your sister joined the Air Force to serve her country. You don't want her to go but instead of crying you tell her how great she is.

Terminology

Tang Soo Do-Way of the China Hand

Why does a Korean style of karate have "Chinese" in its title? Think of Chinese Food, German potato salad, Southern Fried Chicken, New York Pizza, Buffalo Wings.

Grandmaster Hwang Kee, who started modern Tang Soo Do, spent years in China during World War II because Korea was taken over by Japan. Koreans were not allowed to practice their traditional martial arts. Many Koreans escaped and worked and trained in China until the end of World War II. Grandmaster Hwang Kee was one of them.

Counting in Korean

One – Hana	Six – Yasot
Two – Tul	Seven – Ilgop
Three – Set	Eight – Yodel
Four – Net	Nine – Ahop
Five – Tasot	Ten – Yol