



TSDMA SOUTH NEWSLETTER



VOLUME 8, NUMBER 4 – APRIL 2023

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Shim Sa Results



We promoted 15 gups and two Little Dragons from two studios to new rank during our September Shim Sa.

ETTSD

CDB 1: Chelsey Rhea

2nd Gup: Harrison Ayers, Blake Clendenin

3rd Gup: Lillian Mullins

4th Gup: Tyler Barnett

5th Gup: Noah Clendenin

8th Gup: Dorian Colmer, Andrew Estrada, Max Henry, Kenzie Martin, Brianne Roland, Thomas Seemuth

9th Gup: Kelli Kesterson, Brooklyn Seemuth

NMAA

9th Gup: Kolten Thompson

Dragon Purple: Jaxon Stuefen

Dragon Yellow: Grayson Morie

Grandmaster Charland Visit



WHO: Tang Soo Do Master Alliance Grandmaster Garth Charland

WHEN: Sunday, April 16th

WHERE: East TN Tang Soo Do

216 Bohannon Ave, Greeneville

FREE but **DONATIONS ACCEPTED** which will go toward our black belt candidates travel expenses

SCHEDULE

10:00 a.m. - Black Belts & Cho Dan Bos (Testing Candidates required)

2:00 p.m. - 3:00 p.m. Youth Seminar

3:00 p.m. - 3:30 p.m. Meet and greet

3:30 p.m. - 4:30 p.m. Teen/Adult Seminar

4:30 p.m. - 5:00 p.m. Meet and greet

5:00 p.m. - when Master C says done.

Black Belts and Candidates (Testing Candidates required)

Calendar

General

Open to ETTSD, NMAA and Heritage Martial Arts Students

- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$5/class for others. **NO CLASS ON APR 21.**
- **Sat, Apr 22.** Dragon Revolution Tournament. See page 2 for more information.
- **Sat, Apr 29.** Kelly's Heroes Classic. See page 2 for more information.
- **Tue, Apr 25, 7PM.** Free Self-Defense class @ETTSD. Open to all.

East Tennessee Tang Soo Do

- **Tue, Apr 4.** Mat Chat
- **Tue-Thu, Apr 11-13,** Tip Testing
- **Fri, Apr 21, 6PM** Phase 3 Black Belt Testing. CLOSED EVENT. Open only to Candidates and Black belts. **NO REGULAR CLASSES**

Newport Martial Arts Academy

- **Fri, Apr 7.** CLOSED
- **Fri, Apr 14.** Tip Testing, Mat Chat
- **Fri, Apr 21,** Sparring
- **Fri, Apr 28,** Weapons
- **No parent observation day**

TSDMA Black Belt Grading #55



Congratulations to those who were invited to test for Black Belt ranking in the 55th TSDMA Dan Testing cycle, which started Sat, Mar 11 and will be completed on Sat, May 13th.

Mr. Robert Hammett and Mr. R.J. Hammett are testing for 2nd degree, Ee dan, black belt. Mr. Dakota Self and

Mr. Brayden Salend are testing for 1st Degree, Cho Dan, black belt.

All candidates passed Phases I and II on March 11.

They will continue the rigorous testing cycle with Phase III on Apr 21. They will then travel to CT for Phases IV and V, May 12th and 13th.

Tournament Updates



Apr 22. Dragon Revolution Tournament

Cal Johnson Rec Center, 507 Hall of Fame Dr., Knoxville

\$40 for one event, \$50 for multiple.

Registration forms are available at the studio, but there is no mailing address, so we are assuming no preregistration.

We have never attended this one before.



Apr 29. Kelly's Heroes Classic

Cherokee High School, 2927 TN 66, Rogersville

\$50 at the door. No preregistration. Doors open 8AM, tournament starts about 11.

45 min from studio. Smaller, friendly, but not well organized.

ASKL Schedule

Some parents have asked for information on tournaments we don't support because the travel time is beyond our usual limit. We tend to go to ASKL tournaments that are no more than 3 hours-ish. There are many larger tournaments in the circuit further away including Atlanta, D.C., Orlando, and even Chicago and Detroit. Check them out here: <https://asklratings.net/schedule.html>

ETTSD Summer Uniforms

From **May 1 through Sep 30**, we allow Summer dress. Permitted:

T-shirts instead of uniform top:

- **Studio t-shirt.** If you do not already have one, please support the studio by purchasing one or more. ETTSD: Preorder by April 15, \$15.
- **White t-shirt.** Plain, white, no design, no pattern.
- **Plain colored t-shirt** in a color on your belt. And once again, PLAIN, no design, no pattern.
- **Karate t-shirt**, including our old style t-shirts or tournament t-shirts.

Shorts are also permitted but **WHITE ONLY!!!** You can order official white karate shorts through the studio, but \$5 Walmart shorts are fine as long as they are white. Totally white. No stripes, no stars, no plaid, no trim. White. All white. 100% white. No other colors anywhere on the shorts.

Logo Printing



While we are wearing Summer Uniforms, we thought it would be a good time for newer students to have their tops printed if they desire.

If you want our logo and your name on your dobok top, be sure it's clean and give it to Ms. Jennifer. Once we have a good number, preferably twelve or more, we will schedule a date for printing. Cost is \$15.

Mat Chat

You can find our full **Mat Chat** pages on our website. Select:

Parents / Mat Chat

This month:

Tenet/Code:

Never Retreat in Battle (Code)

What it means.

Do not give up and walk away from challenges because something seems hard or difficult to accomplish. Stay the course!

What it DOESN'T mean.

It does not mean that you fight every fight that comes your way.

What would you do?

- You struggle with learning something at school. You keep trying but it is so difficult to learn. Do you give up? Do you say "I quit"?
- You make a promise to yourself to start eating healthy. You work really hard to stay away from junk food, but one day you splurge and eat all kinds of candy and soda. Do you say "oh forget it...too late now. I blew it?"?
- You try and try but can't seem to do your new break in breaking boards. Do you decide to just tell your instructor you can't do it? Do you ask to be allowed to do something easier?
- You have attended several tournaments and have not brought home a trophy yet. Do you stop going to tournaments?

Terminology

- **Sun Bae** – Senior Member
- **Yo Dan Ja** – Black Belt Member
- **Kyo Sah Nim** – Instructor 2nd/3rd degree black belt
- **Sah Bum Nim** – Master Instructor
- **Kwan Ja Nim** – Grandmaster