



TSDMA SOUTH NEWSLETTER



VOLUME 8, NUMBER 5 – MSY 2023

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM



Grandmaster Sgro

WHAT: Clinic with Moo Yea Tang Soo Do Grandmaster David Sgro.

FOR WHOM: Gups and up.

WHEN: Tues, May 23rd

WHERE: East TN Tang Soo Do
216 Bohannon Ave, Greeneville

COST: \$10 (Scholarships available, see Master Vic or Ms. Jennifer)

SCHEDULE

6 - 7 p.m. Padded weapon sparring.

7 - 8 p.m. Bunkai

He is collecting items for Operation Christmas Giveaway. Please bring school and health supplies. Dollar Tree toys. Pens, pencils, rulers, crayons, markers, marbles, Matchbox style cars, travel size soap and toothpaste, brushes and combs, yo-yos, Barbie style dolls, etc. See the flyer for complete details Thank you! Thank you!.

Uniform Trim

Unfortunately, Ms. Jennifer is no longer able to do trim on dobok tops. She will continue to do patches and hems while she still can.

If there is anyone willing to take this over, she is willing to turn over supplies.

Trimmed uniforms can also be ordered from our supplier.

May/June Shim Sa



Sat, June 3, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

Full Uniform required.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Mr. Ian and Ms. Jennifer's desks.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.

ETTSD Summer Uniforms

From **May 1 through Sep 30**, we allow Summer dress. Permitted:

T-shirts instead of uniform top:

- **Studio t-shirt.** If you do not already have one, you can purchasing one.
- **White t-shirt.** Plain, white, no design, no pattern.
- **Plain colored t-hshirt** in a color on your belt. And once again, PLAIN, no design, no pattern.
- **Karate t-shirt**, including our old style t-shirts or tournament t-shirts.

Shorts are also permitted but **WHITE ONLY!!!**

Calendar

General

Open to ETTSD, NMAA and Heritage Martial Arts Students

- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$5/class for others. **NO CLASS ON MAY 12.**
- **Tue, May 23, Master Sgro Clinic,** see col. 1.
- **Tue, May 30, 7PM.** Free Self-Defense class @ETTSD. Open to all.

East Tennessee Tang Soo Do

- **Tue, May 2.** Mat Chat
- **Tue-Thu, May 9-11,** Tip Testing
- **Fri, May 12, CLOSED.** TSDMA Black Belt exam in CT.
- **Mon, May 29, CLOSED.** Memorial Day
- **Sat, Jun 3,** Shim Sa. See col 2.

Newport Martial Arts Academy

- **Wed, May 3, 4:30-5:30PM.** NMAA Photos: BE ON TIME. Bring your sticks if you have some.
- **Fri, May 5,** Sparring
- **Fri, May 12.** Tip Testing, Mat Chat
- **Fri, May 19, 5PM. Dress rehearsal at CCHS.** Full uniform. Bring weapons and gear if you have them. We will practice off stage until our time. We have one hour for the stage to practice entrance, exit, and blocking. It will be HOT. It will feel LONG. Bring water. Bathrooms available. **No regular classes.**
- **Mon, May 22.** Demo, CCHS. 6PM. Students need to be there by 5:15PM.

Tournament Updates

Results

Apr 22. Dragon Revolution Tournament

We only had three competitors in the 2023 Dragon Revolution but all did excellent



Mr. Jude, competing for the first time in years, took first in forms and sparring. He also spent the day judging and being an

awesome ambassador for Tang Soo Do!



Mr. Brayden took first in weapons and forms, and 2nd in sparring. He did forms he does not usually compete with to boot!



Harrison took first in sparring, and second in weapons, forms, and continuous sparring. He sparred a black belt for that last one.

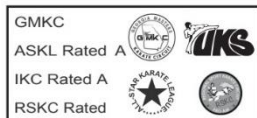
Pictures and videos are up here: [https://varivas.smugmug.com/Martia I-Arts/2023/2023-04-22-Tournament/](https://varivas.smugmug.com/Martia-I-Arts/2023/2023-04-22-Tournament/)

Upcoming

35th ANNUAL JESSIE THORNTON'S

Battle of Champions

RINGGOLD HIGH SCHOOL GYM - RINGGOLD, GEORGIA
.....JUST SOUTH OF CHATTANOOGA, TNOFF OF I-75



SATURDAY
JUNE 10, 2023

CASH AWARDS FOR
BLACK BELT GRANDS
(706) 965-8148

Look for us on Facebook

Times for Competition:
REGISTRATION BEGINS AT 7:30 AM
COMPETITION BEGINS AT 9:00 AM

Jun 10, The Battle of Champions Ringgold High School Gym, 29 Tiger Trail, Ringgold, GA 30736

Pre-Registration \$50. (\$60 after 6/7)

Reg forms with payment options available at our studios or register by phone: 706-965-8148

<https://jessiethorntonunitedkarate.com/tournaments/>



ASKL Schedule

Some parents have asked for information on tournaments we don't support because the travel time is beyond our usual limit. We tend to go to ASKL tournaments that are no more than 3 hours-ish.

There are many larger tournaments in the circuit including Atlanta, D.C., Orlando, and even Chicago and Detroit. Check them out here: <https://asklratings.net/schedule.html>

- Fri, May 26, Weapons

Mat Chat

You can find our full *Mat Chat* pages on our website. Select: [Parents / Mat Chat](#)

This month:

Tenet/Code: In fighting choose with sense and honor (Code 5)

What does it mean?

This means to pick your battles wisely. Only fight when there is no other choice. Do not learn to fight to get your way by bullying those weaker than you. We learn how to fight so that we do not have to fight – this is the way of Pyong Hwa Kunin (Peaceful Warriors).

What it DOESN'T mean.

Just like Code 4, it does not mean that you fight every fight that comes your way.

Terminology

- Front Kick ~ Ahp cha gi
- Side Kick ~ Yup cha gi
- Round Kick ~ Tallyo cha gi
- Front Stance ~ Chun kul ja seh
- Back Stance ~ Hu gul ja seh
- Horse Stance ~ Kee ma ja seh

T-shirts

We have a limited number of studio t-shirts available. We plan to order more soon, but our regular printer is going out of business so cannot fill our order.

If you know you want to order one or more please let us know to be sure we order enough.

We will get them as soon as possible.