



TSDMA SOUTH NEWSLETTER



VOLUME 8, NUMBER 6 – JUNE 2023

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Shim Sa Results



We promoted two Cho Dan Bos, 17 gups and eight Little Dragons from two studios to new rank during our September Shim Sa.

ETTSD

CDB 4: Jude Gabaldon

CDB 2: Silas Hale

4th gup: Jacob Kimble, Dawson

Poore, Ryalen Poore

5th gup: Gabriel Hale

7th gup: Andrew Estrada, Brianne

Roland, Thomas Seemuth

8th gup: Landon Ledbetter

9th gup: Luke Jackson, Karter Poore

LD Green: Riley Miller

LD Orange: Scout Hyder, Jaxson

Morelock

NMAA

5th gup: Makayla Barnett

6th gup: Harley Smith

7th gup: Wyatt Good

8th gup: Lucas Robinette, Cami

Shelton, Vera Weisbrodt, Oliver

Zahoran

LD Orange: Dryden Griffin, Reina

Keener, Waylon Williams

LD Yellow: Olan Kramarczyk,

Kayleb Sutton

T-shirts & Uniform tops

The good news - we have t-shirts. The bad news - we are not happy with the quality. Too many washing instructions, and a few other minor issues.

We will not be using that printer again, and will be selling the new t-shirts at cost, \$10, with 2X size for \$12.

We do have a limited number of good t-shirts available for \$15/each.

We are still hoping to get uniforms printed in Sep if we find a better printer. If you know a good one, please let us know.

Newport Demo



Newport Martial Arts Academy students performed in the end of season recital at the Cocke County High School on May 22. A lot of hard work and great fun went into the performance that ended on a high note.



Calendar

June 2023

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

General

Open to ETTSD, NMAA and Heritage Martial Arts Students.

- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$5/class for others.
- **Sat, Jun 10,** Battle of Champions, Ringgold, GA. See page 2.
- **Tue, Jun 26, 7PM.** Free Self-Defense class @ETTSD. Open to all.

East Tennessee Tang Soo Do

- **Tue, Jun 6.** Mat Chat
- **Tue-Thu, Jun 13-15,** Tip Testing

Newport Martial Arts Academy

- **Fri, Jun 2,** Sparring, Mat Chat
- **Fri, Jun 9.** Tip Testing
- **Fri, Jun 16,** Sparring
- **Fri, Jun 23,** Weapons
- **Fri, Jun 30,** TBD

Charland Promoted

"[M]y instructor, mentor and friend, David Sgro, came in from North Carolina to promote me to 8th Dan (degree) Black Belt. I am truly humbled by the rank and further humbled by the 50ish family, friends, students and lifelong mentors who came out to support me." - Grandmaster Garth Charland

Tournament Updates

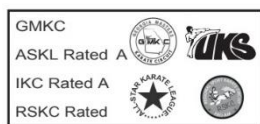
Upcoming

35th ANNUAL

JESSIE THORNTON'S

Battle of Champions

RINGGOLD HIGH SCHOOL GYM - RINGGOLD, GEORGIA
.....JUST SOUTH OF CHATTANOOGA, TNOFF OF I-75



SATURDAY
JUNE 10, 2023

CASH AWARDS FOR
BLACK BELT GRANDS
(706) 965-8148

Look for us on Facebook

Times for Competition:
REGISTRATION BEGINS AT 7:30 AM
COMPETITION BEGINS AT 9:00 AM--

Jun 10, The Battle of Champions
Ringgold High School Gym, 29 Tiger Trail, Ringgold, GA 30736

Pre-Registration \$50. (\$60 after 6/7)
Reg forms with payment options available at our studios or register by phone: 706-965-8148

<https://jessiehorntonunitedkarate.com/tournaments/>

Jun 24, Middle TN Isshinryu Open Karate Games

Watertown Middle School 515 West Main St. Watertown, TN 37184
Approximately 3.5 hrs

Registration opens: 9:00 a.m. CDT
Competitor Line-Up: 11:00 am
Weapons 10:00 am CDT
Reg fee: \$50.00 Spectator Fee: \$5.00

<https://www.iika.org/apps/calendar/showEvent?callID=7282701&eventID=283486187>

We have never attended this but will if there is interest. Let us know.

48th Annual Tennessee State Karate Championships

Saturday, Aug 12, 2023
Upperman High School Gymnasium
6950 Nashville Hwy, Baxter, TN
Approximately 2.5 hrs

We like this tournament both because it is relatively close (and even in TN!) and it is well-run. It also has really nice trophies.

Sep 9, Back to School Tournament



Hope Bible Church, 1900 Ft Bragg Rd
Approximately 5 hours.

8:30am Doors Open
9:00am: 7 yrs old and under
12:00: Team Demo Competition
12:30: 8 yrs old and up

I know this is a long way, but we really like to support Master Sgro's tournaments because he is the Grandmaster of our grandparent organization *Moo Yea Tang Soo Do*. Not to mention, he visits us, so we need to return the favor! Also, profits from his tournaments benefit his ministries in Guatemala and the Philippines

Pre-reg as low as \$30. See the web page for details:

<http://www.sktsd.com/back-to-school-tournament.html>

ASKL Schedule

Some parents have asked for information on tournaments we don't support because the travel time is beyond our usual limit. We tend to go to ASKL tournaments that are no more than 3 hours-ish away, but we encourage students to enter others.

There are many larger tournaments in the circuit including Atlanta (6/16-17, 6/24, 8/12, 11/18, 12/01-02), Washington, D.C. (8/04-05), Orlando (6/29-7/01), and even Chicago and Detroit. Check them out here:

<https://asklratings.net/schedule.html>

Mat Chat

You can find our full *Mat Chat* pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code: Integrity (Tenet 1)

What does Integrity mean?

Integrity means doing the right thing, even when nobody is watching, because it's the right thing to do!

What's the right thing to do?

- You notice your grandmother dropped a \$20 bill the same day you want to buy a popular new video game or toy.
- You saw the last piece of your sister's birthday cake in the refrigerator but know your sister was hoping to have it for dessert.
- You are at the grocery store with your mother and know you could put that package of candy in your pocket with no one seeing.
- Your instructor does warm up along with you. When you are stretching she can't see you so could just sit there and do nothing while she isn't looking.

Terminology

- **Low Punch** ~ Ha dan kyuck
- **Center Punch** ~ Choong dan kyuck
- **High Punch** ~ Sang dan kyuck
- **Low Block** ~ Ha dan mahk ki
- **High Block** ~ Sang dan mahk ki
- **Inside to outside Block** ~ Ahneso phaku ro mahk ki