



TSDMA SOUTH NEWSLETTER



VOLUME 8, NUMBER 9 – SEPTEMBER 2023

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September Shim Sa



Sat, Sep 30, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

Summer Uniform.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students are also be listed on the whiteboard by Mr. Ian and Ms. Jennifer's desks.

REMINDER: Students spar as part of the Shim Sa. It's best if all students have their own gear, but we do have a limited amount of gear to borrow.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.

Student of the Year Awards

The 2022 Student of the Year Awards for East Tennessee Tang Soo Do will be awarded (finally) at our September Shim Sa. Awards will be given for Little Dragon, Youth, and Adult.

We are so sorry for the delay, for the second year in a row. TSDMA said they are changing vendors next year and hopefully they will arrive in a more timely manner.

Head Instructor Calendar

Third dan, Mister Ian Turnage, is now officially our Head Instructor.

He has been performing the job for quite a while and we thought it was time to give him the official title.

Full Uniforms

All students are expected to wear full uniforms starting in October. Exceptions will be made if the temperature gets above 85 degrees. It's time to check and make sure they still fit!

Printing, T-Shirts, and Such

The good news is that the old printer we used at ETTSD, Silver Star Design, has reopened under new management. We will test them out with our next order. If things work out, we will get them to do logos on uniforms next year, but we will not do it this year.

The bad news is, we are still stuck with poorly printed t-shirts that seem to have faded just sitting on the counter. We hope to recoup part of our costs and will be selling them for \$5 each.

Vote For Us

The Greeneville Sun Best of the Best 2023. We would greatly appreciate your vote, once per day, from Tue, Sep 12 – Sat, Sep 30. Under "Services / Martial Arts School":

greenevillesun.secondstreetapp.com/BEST-OF-THE-BEST-2023/

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

General

Open to ETTSD, NMAA and Heritage Martial Arts Students.

- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$5/class for others.
- **Tue, Sep 26, 7PM.** Free Self-Defense class @ETTSD. Open to all.
- **Sat, Sep 30, 3PM.** Shim Sa. See column 1.

East Tennessee Tang Soo Do

- **Mon, Sep 4,** CLOSED for Labor Day
- **Tue, Sep 12.** Mat Chat
- **Tue-Thu, Sep 12-14,** Tip Testing
- **Sat, Sep 30, 3PM.** 2022 Student of the Year Awards at the Shim Sa. See column 1.

Newport Martial Arts Academy

- **Fri, Sep 15,** Sparring, Bring a friend day.
- **Fri, Sep 22,** Weapons, Ms Jennifer's birthday.
- **Fri, Sep 29.** Stick fight, board breaking, Parent observation.
- **Fri, Oct 6.** CLOSED, Fall Break.
- **Sun, Oct 8 2:55.** Newport Harvest Fest Demo. More info from Ms Jennifer when available.
- **Fri, Oct 13.** Closed, black belt training.
- **Sat, Oct 21,** Make Up Day for Oct 13. Classes at the regular time.

Tournament Updates

Results

48th Annual Tennessee State Karate Championships

Saturday, August 12, 2023

Upperman High School Gymnasium

6950 Nashville Hwy, Baxter, TN

We had a good day at the TN State Karate Championships with four competitors from ETTSD.



Brayden Salend had a large and tough black belt division, and for the first time ever, didn't place.

Silas Hale, Advanced divisions, came home with 2nd in Weapons and 2nd in Forms.



It was **Gabriel Hale's** first time competing as an Intermediate. He did an awesome job but didn't place.



Thomas Seemuth, Adult Beginner, his first time competing, came home with 2nd in Continuous Sparring, 3rd in Weapons, and 2nd in Forms.

Upcoming 49th Annual Tri-State Championships

Saturday, November 04, 2023

Dalton, GA

Approximately 3 hours

One of the two best tournaments we attend on the ASKL circuit.

Formerly run by Ben Kiker, who still runs our other favorite. It is now run by Tim Marks, but it is still as well run as before.

I hope we can get a group to go this year too. Nice trophies too.

ASKL Schedule

Some parents have asked for information on tournaments we don't support because the travel time is beyond our usual limit.

We tend to go to ASKL tournaments that are no more than 3 hours-ish away, but we encourage students to enter others.

There are many larger tournaments in the circuit including Atlanta (11/18, 12/01-02), Washington, D.C., Orlando, and even Chicago and Detroit. Check them out here:

<https://asklratings.net/schedule.html>

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

Respect and Obedience (Tenet 4)

What does it mean?

- Respect is thinking and acting in a positive way about yourself or others.
- Respect is thinking and acting in a way that shows others you care about their feelings and their well-being.

Examples

- You follow your parents' rules to show them you care (respect) how they feel about the situation. (That's where Obedience comes in!)
- You don't call people names because you care about (respect) their feelings.
- You don't hit or hurt people because you care about (respect) their well-being.

Terminology

- First: *il*
- Second: *ee*
- Third: *sam*
- Fourth: *sa*
- Fifth: *oeh*
- Sixth: *yuk*
- Seventh: *chil*
- Eighth: *pal*
- Ninth: *ku*
- Tenth: *sip*