



# TSDMA SOUTH NEWSLETTER



VOLUME 9, NUMBER 1 – JANUARY 2024

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

## Winter Reminder



### ETTSD Weather Closings

If we need to close due to weather, we will post it on:

- Facebook – facebook.com/ettsd
- Twitter – @EastTNTangSooDo
- There is a Twitter feed on the website also – ettsd.com

We will also try to post if the weather is iffy and we decide to stay open.

Feel free to message, email, or call, if you need more information.

## January Shim Sa



**Sat, Jan 27, 3:00 p.m.**

**Testing students: 2:45 p.m.**

**\$30 testing fee.**

**Full Uniform required.**

**Spectators welcome.**

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Ms. Jennifer's desk.

**Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques**

## TSDMA South Interclub 2024

### Tournament

**Saturday February 24, 2024**



**@East TN Tang Soo Do**

**216 Bohannon Ave, Greeneville, TN**

- *Doors open 9AM.*
- *Tournament at 10AM, starting with Little Dragons.*

Registration fee \$10 per event (Forms, Sparring, Weapons, Breaking.)

Spectators – Donation (\$2 - \$5 recommended.)

Registration forms will be available at ETTSD, NMAA, and Heritage.

This tournament is, in part, held to give first time competitors a chance to see how a tournament works before competing in larger ones.

Please support our studios and organization by participating in our demo and tournament.

PARKING may be an issue. If you are able, park down the hill across from the auto shop. Parking also available at closed businesses on Bohannon.

SEATING may also be an issue. If you want, bring your own chair.

## Calendar

### General

Open to ETTSD, NMAA and Heritage Martial Arts Students.

- **Kickboxing @ETTSD, Fridays 5PM.**
- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$10/class or \$35/month, for others.
- **Sat, Jan 27, Shim Sa, see column 1.**
- **Tue, Jan 30, 7PM.** Free Self-Defense class @ETTSD. Open to all.

### East Tennessee Tang Soo Do

- **Tue, Jan 2.** Mat Chat
- **Tue-Thu, Jan 9-11,** Tip Testing

### Newport Martial Arts Academy

- **Fri, Jan 5.** Mat Chat, Sparring
- **Fri, Jan 12.** Tip Testing
- **Fri, Jan 19,** Sparring
- **Fri, Jan 26,** Weapons

## Tournament

### Jan 20, Winter Tournament



**HOPE BIBLE CHURCH**

**1900 FT BRAGG RD**

**FAYETTEVILLE, NC 28303**

*Approximately 5 hours.*

Great tournament for first time competitors. Friendly and inclusive. Reg forms and info available at the studios.

# Being a Good Karate Parent

An ongoing series, by East Tennessee Tang Soo Do instructors, on how to support children in martial arts. This month's column is an updated reprint from May 2017 by SBN Rivas.

## Why Tournaments?

Tournament season is here! You will be hearing about them, being encouraged to attend them and have your children compete in them. We will be running competition practice in class to hone skills and teach protocol. Why?

I believe a lot of good things come from tournament participation, both big open tournaments as well as smaller and Tang Soo Do tournaments.

Students will get to showcase their skills and find out where they need to improve to win. I have never seen kids more determined to perfect their forms and sparring techniques than after a tournament. If going to competitions is what makes a child enthusiastic about learning martial arts, then going to tournaments is what s/he should be doing!

Students will make friends and, in many cases, retain those friendships over years, because many of the same children attend many of tournaments we attend.

Students learn to lose. Some schools discourage competition, but I think that since we live in a competitive society, teaching children about competition, including losing, is an important part of martial arts.

For smaller and TSD tournaments, it is a family experience. Students

are welcomed and nurtured, even in the ring.

If there were more of TSD tournaments around, we would go to more. The closest ones to here are about 5 hours away. We have gone to ones in Fayetteville, NC, and will possibly go to one in Birmingham, AL, this year.

Many of the rest of the tournaments we go to come from the All-Star Karate League (ASKL) schedule. This is a highly competitive open league based out of Atlanta that includes tournaments over a large swath of the U.S., from FL to WI!! The ones we go to are in TN and GA.

With open tournaments students get to see other styles, uniforms that do not look like theirs and to compete with their technique as much as their pattern. Since the judges do not know our forms, students with good form score well even if there are mistakes in the pattern.

These are more challenging tournaments since the divisions tend to be larger and the judges are not Tang Soo Do. However, these are the types of tournaments I came up the ranks with and they served me and my children (including Mr. Ian) well.

I hope you will consider allowing your child to compete in at least one tournament this year!

# Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

**This month:**

## Tenet/Code: Loyalty to one's country (Code 1)

### What is Loyalty?

Standing by or standing up for someone or something you believe in, such as your country.

### Examples of Loyalty

- When you recite the Pledge of Allegiance you feel proud to be an American.
- Your sister joined the Air Force to serve her country. You don't want her to go but instead of crying you tell her how great she is.

## Terminology

### Tang Soo Do-Way of the China Hand

Why does a Korean style of karate have "Chinese" in its title? Think of Chinese Food, German potato salad, Southern Fried Chicken, New York Pizza, Buffalo Wings.

Grandmaster Hwang Kee, who started modern Tang Soo Do, spent years in China during World War II because Korea was taken over by Japan. Koreans were not allowed to practice their traditional martial arts. Many Koreans escaped and worked and trained in China until the end of World War II. Grandmaster Hwang Kee was one of them.

## Counting in Korean

One – Hana	Six – Yasot
Two – Tul	Seven – Ilgop
Three – Set	Eight – Yodel
Four – Net	Nine – Ahop
Five – Tasot	Ten – Yol