



TSDMA SOUTH NEWSLETTER



VOLUME 9, NUMBER 2 – FEBRUARY 2024

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

Shim Sa Results Hands on Demos



We promoted 11 gups and five Little Dragon from two studios to new rank during our January Shim Sa.

ETTSD

5th Gup: Brianne Roland, Thomas Seemuth

6th Gup: Dorian Colmer, Kelli Kesterson

7th Gup: Lavender Colmer

9th Gup: Leeland Coffie, Kora Salley

Dragon Orange: Colton Landers



NMAA

6th Gup: Aryanna Helton

7th Gup: Sophia Carlson

9th Gup: Emory Phillips, Alice Vandever

Dragon Green: Jaxon Stuefen

Dragon Blue: Dryden Griffen

Dragon Purple: Grayson Morie

Dragon Yellow: Bentley Murray



After the success of their hands on demo at Colton Landers' birthday party, Mister Robert Hammett and Mister RJ Hammett took on the girl scout troop that Notre Dame Catholic Church. It was a success all around.

If you are interested in a hands on demo, please contact us and let us know what you have in mind. We are still working on pricing, so if you have a price in mind, please let us know that also.

Scholarship Fund



Can you afford more tuition than you are paying? We have some potential students who cannot afford the class but would like to take Martial arts. Would you consider adding \$10, or whatever you can afford, to your tuition in order to help scholarship these students?

Calendar

General

Open to ETTSD, NMAA and Heritage Martial Arts Students.

- **Kickboxing @ETTSD, Fridays 5PM.**
- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$10/class or \$35/month, for others.
- **Sat, Feb 24, 2024** TSDMA South Interclub, see page 2.
- **Tue, Feb 27, 7PM.** Free Self-Defense class @ETTSD. Open to all.

East Tennessee Tang Soo Do

- **Tue, Feb 6.** Mat Chat
- **Tue-Thu, Feb 13-15,** Tip Testing

Newport Martial Arts Academy

- **Fri, Feb 2.** Mat Chat, Sparring
- **Fri, Feb 9.** Tip Testing
- **Fri, Feb 16,** Spa Parent Observation
- **Fri, Feb 23,** Weapons

Winter Reminder



If we need to close due to weather, we will post it on:

- Facebook – facebook.com/ettsd
- Twitter – @EastTNTangSooDo
- There is a Twitter feed on the website also – ettsd.com

Feel free to message, email, or call, if you need more information

Tournament Updates

NEXT UP

TSDMA South Interclub 2024

Saturday February 24, 2024



@East TN Tang Soo Do
216 Bohannon Ave, Greeneville, TN

- Doors open 9AM.
- Tournament at 10AM, starting with Little Dragons.

Registration fee \$10 per event (Forms, Sparring, Weapons, Breaking.)

Spectators – Donation (\$2 - \$5 recommended.)

Registration forms will be available at ETTSD, NMAA, and Heritage.

This tournament is, in part, held to give first time competitors a chance to see how a tournament works before competing in larger ones.

Please support our studios and organization by participating in our tournament.

PARKING may be an issue. If you are able, park down the hill across from the auto shop. Parking also available at closed businesses on Bohannon.

SEATING may also be an issue. If you want, bring your own chair.

PLEASE SUPPORT OUR TOURNAMENT AND GET YOUR CHILD SOME TOURNAMENT EXPERIENCE.

ALL COMPETITORS WILL ALSO RECEIVE THREE TRAINING HOURS TOWARD TESTING.

2024 Upcoming

Possible tournaments to put on your calendar.

The Mid-South Championships (ASKL)

Saturday May 04, 2024

Dalton, GA

Approximately 3 hrs

Organizer: Ben Kiker

Phone: 706-226-3318

The Battle of Champions (ASKL)

Saturday, June 08, 2024

Ringgold, GA

Approximately 3 hrs

49th Annual Tennessee State Karate Championships

Saturday, Aug TBD

Upperman High School Gymnasium

6950 Nashville Hwy, Baxter, TN

Approximately 2.5 hrs

We like this tournament both because it is relatively close (and even in TN!) and it is well-run.

The Tri-State Championships (ASKL)

Saturday, November 02, 2024

Dalton, GA

Approximately 3 hrs

ASKL Schedule

Some parents have asked for information on tournaments we don't support because the travel time is beyond our usual limit. We tend to go to ASKL tournaments that are no more than 3 hours-ish away, but we encourage students to enter others. There are many larger tournaments in the circuit including Atlanta, Washington, D.C., Orlando, and even Chicago and Detroit. Check them out here:

<https://asklratings.net/schedule.html>

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

Obedience to Parents & Elders (Code)

Obedience means being respectful to your parents and elders.

Obedience to Elders does NOT mean you should obey anyone who is grown up. It only means those you know and trust. It does not include strangers!!!

What would you do?

- Your mom tells you to clean your room before you go out and play. Do you go out without cleaning your room?
- Your teacher asks you to stop talking in class and pay attention. Do you keep talking despite their request?
- Your Dad tells you it's time to go to bed because you need rest. Do you refuse and walk away because you really want to stay up?

Terminology

Choong Be Ja Seh – Ready
Stance

Cha Ryut – Attention

Kyung Yet – Bow

Kihap – Yell

Ahn Jo – Sit

Tora – Turn

Ba Ro – Return

Shio – Rest