



TSDMA SOUTH NEWSLETTER



VOLUME 9, NUMBER 4 – APRIL 2024

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

April Shim Sa

We will promote three Cho Dan Bos, 15 gups and four Little Dragon from two studios to new rank during our April Shim Sa.

ETTSD

CDB4: Silas Hale

CDB3: Caden Lovell

CDB2: Harrison Ayers

CDB1: Lillian Mullins

1st Gup: Tyler Barnett

3rd Gup: Gabriel Hale

8th Gup: Mason Hadley

9th Gup: Joshua Vandever

Dragon Purple: Scout Hyder

Dragon Yellow: Mason Mercer

NMAA

2nd Gup: Gates Taylor

2nd Gup: Glory Taylor

5th Gup: Given Taylor

6th Gup: Vera Weisbrodt

7th Gup: Lucas Robinette

8th Gup: James Munsey, Colton Reynolds

9th Gup: Kaylee Morrow, Kamryn Morrow, Braylynn Gilbert

Dragon Yellow: Gabriel Lee, Wyatt Roksandich

Farewell Dakota Self

We are sorry to announce we are losing our Jiu Jitsu instructor, Mr. Dakota Self. We are pleased to announce he is opening his own studio closer to his home where he will be teaching Shorin Ryu and Jiu Jitsu. His new dojo is at 4100 NC-212, Marshall NC. We wish him the best and hope he comes back to visit.

ETTSD Summer Uniforms

From **May 1 through Sep 30**, we allow Summer dress. Permitted:

T-shirts instead of uniform top:

- **Studio t-shirt.** If you do not already have one, please support the studio by purchasing one or more. ETTSD: Preorder by April 15, \$15.
- **White t-shirt.** Plain, white, no design, no pattern.
- **Plain colored t-shirt** in a color on your belt. And once again, PLAIN, no design, no pattern.
- **Karate t-shirt**, including our old style t-shirts or tournament t-shirts.

Shorts are also permitted but **WHITE ONLY!!!** You can order official white karate shorts through the studio, but \$5 Walmart shorts are fine as long as they are white. Totally white. No stripes, no stars, no plaid, no trim. White. All white. 100% white. No other colors anywhere on the shorts.

Free t-shirts

Last year I made a huge mistake going with an unknown printer for our t-shirts. The t-shirts are far below required quality and we are stuck with them. I can't bring myself to toss them, but they are not worth selling.

Therefore, we are offering them free to our students for free. Just ask Ms. Jennifer to see if we have your size.

Any donations would be greatly appreciated to put toward new, better t-shirts

Calendar

General

Open to ETTSD, NMAA and Heritage Martial Arts Students.

- **Kickboxing @ETTSD, Fridays 5PM.**
- Sat, Apr 6, 3PM. Shim Sa.
- **Sat, Apr 13, 2024** Kelly's Heroes Classic, see page 2.
- **Tue, Apr 30, 7PM.** Free Self-Defense class @ETTSD. Open to all.
- **Sat, May 18, 2024** Middle TN Isshinryu Open Karate Games see page 2

East Tennessee Tang Soo Do

- **Tue, Apr 2.** Mat Chat
- **Tue-Thu, Apr 9-11,** Tip Testing

Newport Martial Arts Academy

- **Fri, Apr 5.** Mat Chat, Sparring
- **Fri, Apr 12.** Tip Testing
- **Fri, Apr 19,** Various
- **Fri, Apr 26,** Weapons

Recital practice every class.

New Student Recruitment



Current Students who recruit a new student to ETTSD will get a 50% discount on their fees for the first month of the new student's enrollment!

The more students you recruit, the more you save!

Tournament Updates

Please let Mr. Ian or Ms. Jennifer know if you will be attending so we can provide black belt support.

NEXT UP

Apr 13. Kelly's Heroes Classic
Cherokee High School, 2927 TN 66,
Rogersville



2024 KARATE TOURNAMENT APRIL 13TH

TEAM KATA DIVISION
FOOD AND PRIZE DRAWINGS
COMPETITORS \$50
SPECTATORS \$5

CHEROKEE HIGH SCHOOL
2927 TN-66
ROGERSVILLE, TN 37857

FOR MORE INFO CONTACT KELLY MARKHAM AT
KELLYMARKHAM12@ATT.NET OR 423-923-3000

OPEN TO ALL STYLES OF MARTIAL ARTS
REGISTRATION AT 800AM
BLACK BELT MEETING AT 1030AM

\$50 at the door. No preregistration. Doors open 8AM, tournament starts about 11.

45 min from studio. Smaller, friendly, but not well organized.

2024 Upcoming

Possible tournaments to put on your calendar.

The Mid-South Championships (ASKL)

Saturday May 04, 2024

Dalton, GA

Approximately 3 hrs

Organizer: Ben Kiker

Phone: 706-226-3318

2024 Middle TN Isshinryu Open Karate Games

Saturday, May 18, 2024

Crossville, TN

Approximately 2.5 hrs



May 18
9:00 Doors Open
10:00 Weapons
11:00 Bow In
CDT

2024 MIDDLE TN ISSHINRYU OPEN KARATE GAMES

KATA
KUMITE
WEAPONS

NEW LOCATION
STONE MEMORIAL HIGH SCHOOL
2800 COOK RD,
CROSSVILLE, TN

COMPETITOR ENTRY FEE (3 events)-\$50.00
SPECTATORS-\$5.00
UNDER 12-\$3.00
Team Kata and Kumite
3 competitors - \$50 per team
Kumite Black Belt Only

The Battle of Champions (ASKL)

Saturday, June 08, 2024

Ringgold, GA

Approximately 3 hrs

49th Annual Tennessee State Karate Championships

Saturday, Aug TBD

Upperman High School Gymnasium

6950 Nashville Hwy, Baxter, TN

Approximately 2.5 hrs

We like this tournament both because it is relatively close (and even in TN!) and it is well-run.

ASKL Schedule

Some parents asked for info on tournaments with travel time beyond our usual limit. We tend to go to ASKL tournaments that are no more than 3 hours-ish away, but we encourage students to enter others.

There are many larger tournaments in the circuit including Atlanta, Washington, D.C., Orlando, and even Chicago and Detroit. Check them out : <https://asklratings.net/schedule.html>

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

Never Retreat in Battle (Code)

What it means.

Do not give up and walk away from challenges because something seems hard or difficult to accomplish. Stay the course!

What it DOESN'T mean.

It does not mean that you fight every fight that comes your way.

What would you do?

- You struggle with learning something at school. You keep trying but it is so difficult to learn. Do you give up? Do you say "I quit"?
- You make a promise to yourself to start eating healthy. You work really hard to stay away from junk food, but one day you splurge and eat all kinds of candy and soda. Do you say "oh forget it...too late now. I blew it?"?
- You try and try but can't seem to do your new break in breaking boards. Do you decide to just tell your instructor you can't do it? Do you ask to be allowed to do something easier?
- You have attended several tournaments and have not brought home a trophy yet. Do you stop going to tournaments?

Terminology

- **Sun Bae** – Senior Member
- **Yo Dan Ja** – Black Belt Member
- **Kyo Sah Nim** – Instructor 2nd/3rd degree black belt
- **Sah Bum Nim** – Master Instructor
- **Kwan Ja Nim** – Grandmaster