



TSDMA SOUTH NEWSLETTER



VOLUME 9, NUMBER 5 – MAY 2024

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

ETTSD Summer Schedule Jun/Jul

Since many students take time off over the summer, we are consolidating our schedule for **JUNE & JULY ONLY!**

Summer Schedule

Mon - Closed

Tue/Thu

- 10AM Family class
- 4:15-4:45 Little Dragons (LD)
- 4:45-5:15 Overlap LD & Youth, (games, breaking, sparring, etc.)
- 5:15-6:00 Youth, all ranks
- 6:00-6:30 Weapons
- 6:30-7:30 Teen/Adults, all ranks
- 7:30-8:00 Cho Dan Bo & Black Belts

Fri

- 5:00-6:00 Kickboxing
- 6:00-7:30 Jiu Jitsu

T-Shirts - \$20



Sorry for the price hike but the new printer is more expensive. Hopefully they are better quality than our last attempt.

May/June Shim Sa



Sat, June 1, 3:00 p.m.

Testing students: 2:45 p.m.

\$30 testing fee.

T-Shirts Allowed. NO SHORTS!

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

At ETTSD, eligible students will also be listed on the whiteboard by Ms. Jennifer's desk.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.

ETTSD Summer Uniforms

From **May 1 through Sep 30**, we allow Summer dress. Permitted:

T-shirts instead of uniform top:

- **Studio t-shirt.** If you do not already have one, please support the studio by purchasing one or more.
- **White t-shirt.** Plain, white, no design, no pattern.
- **Plain colored t-shirt** in a color on your belt. And once again, PLAIN, no design, no pattern.
- **Karate t-shirt**, including our old style t-shirts or tournament t-shirts.

Shorts are permitted but **WHITE ONLY!**

May 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Calendar

General

Open to all TSDMA South Students.

- **Kickboxing @ETTSD, Fridays 5PM.**
- **Jiu Jitsu @ETTSD, Fridays 6PM.** Free for ETTSD students, \$10/class or \$35/month, for others.
- **Sat, May 4,** The Mid-South Championships. See page 2
- **Sat, May 18,** 2024 Middle TN Isshinryu Open Karate Games see page 2
- **Tue, May 28, 7PM.** Free Self-Defense class @ETTSD. Open to all.
- **Sat, Jun 1,** Shim Sa. See column 2

East Tennessee Tang Soo Do

- **Tue, May 7.** Mat Chat
- **Tue-Thu, May 14-16,** Tip Testing
- **Mon, May 27,** Memorial Day, **CLOSED**

Newport Martial Arts Academy

- **Fri, May 3,** Sparring
- **Wed, May 8,** Student/Class pictures. Dragons, 4:10. Beg: 4:35. Int/Adv:4:55
- **Fri, May 10,** Tip Test
- **Fri, May 17,** Various
- **Fri, May 24,** Dress rehearsal, Cocke County High School gym, everyone at 4:45pm.
- **Sat, May 25,** Spring Show, CCHS gym. Be there between 9:45 & 10am.
- **Fri, May 31,** Weapons.

Tournament Updates

Please let Mr. Ian or Ms. Jennifer know if you will be attending so we can provide black belt support.

Results

Apr 13. Kelly's Heroes Classic

Cherokee High School, 2927 TN 66, Rogersville.



We had five competitors from two studios at the Kelly's Heroes Classic 2024 Karate Tournament. Two from ETTSD (Josh Vandever and Zane McIntyre) and three from NMAA (Harley Smith, Braylynn Gilbert, and Alice Vandever).

Results:

- Harley - 3rd forms
- Braylynn - 3rd forms, 1st sparring
- Josh - 2nd forms
- Zane - 1st form, 1st sparring
- Alice - Participant

Upcoming

45th Annual Mid-South Karate Championship
May 4, 2024
Hosted by Ben Kiker

Gilmer High School
408 Bobcat Trails, Ellijay GA 30540
If detailed directions are needed, please contact the tournament promoter

All Divisions Awarded
1st - 4th Place!!!
(Except Team Fighting & Continuous)

Registration: 7:30AM until 12 Noon
Children's Trad. Weapons begin at approx. 9AM
Adult Divisions will Follow
Continuous Fighting begins at 11AM

All Team Fighting
And Traditional
Adult Black Belt Weapons
Start at
8:15AM

The Mid-South Championships (ASKL)

Saturday May 04, 2024

Dalton, GA

Approximately 3 hrs

Organizer: Ben Kiker

Phone: 706-226-3318

May 18
9:00 Doors Open
10:00 Weapons
11:00 Bow In
CDT

KATA

2024 MIDDLE TN ISSHINRYU OPEN KARATE GAMES

KUMITE

WEAPONS

NEW LOCATION
STONE MEMORIAL
HIGH SCHOOL
2800 COOK RD,
CROSSVILLE, TN

COMPETITOR ENTRY FEE (3 events)-\$50.00
SPECTATORS-\$5.00
UNDER 12-\$3.00
Team Kata and Kumite
3 competitors - \$50 per team
Kumite Black Belt Only

2024 Middle TN Isshinryu Open Karate Games

Saturday, May 18, 2024

Crossville, TN

Approximately 2.5 hrs

36th ANNUAL JESSIE THORNTON'S

Battle of Champions

RINGGOLD HIGH SCHOOL GYM - RINGGOLD, GEORGIA
.....JUST SOUTH OF CHATTANOOGA, TNOFF OF I-75

GMKC ASKL Rated A IKC Rated A RSKC Rated

SATURDAY JUNE 8, 2024

CASH AWARDS FOR BLACK BELT GRANDS
(706) 965-8148

Look for us on Facebook

Times for Competition:
REGISTRATION BEGINS AT 7:30 AM
COMPETITION BEGINS AT 9:00 AM -

Battle of Champions (ASKL)

Saturday, June 08, 2024

Ringgold, GA

Approximately 3 hrs

<https://jessiehorntonunitedkarate.com/tournaments>

49th Annual Tennessee State Karate Championships

Saturday, Aug 10

Upperman High School Gymnasium

6950 Nashville Hwy, Baxter, TN

Approximately 2.5 hrs

We like this tournament both because it is relatively close (and even in TN!).

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code:

In fighting choose with sense and honor (Code 5)

What does it mean?

This means to pick your battles wisely. Only fight when there is no other choice. Do not learn to fight to get your way by bullying those weaker than you. We learn how to fight so that we do not have to fight – this is the way of Pyong Hwa Kunin (Peaceful Warriors).

What it DOESN'T mean.

Just like Code 4, it does not mean that you fight every fight that comes your way.

What would you do?

- Sam, a student in your class at school calls you names that you don't like. Do you punch him? What would you do?
- You overhear two girls making fun of Hazika, another girl in your class because she is different. Do you defend her?
- Johnny is sitting in your seat at lunch. He has done this every day for a week and it really makes you mad. You've been taking karate for a year now and think you could just knock him out of the chair. Do you do it?

Terminology

- **Front Kick** ~ Ahp cha gi
- **Side Kick** ~ Yup cha gi
- **Round Kick** ~ Tallyo cha gi
- **Front Stance** ~ Chun kul ja se
- **Back Stance** ~ Hu kul ja se
- **Horse Stance** ~ Kee ma ja se