



DRAGON **YELLOW** TO **ORANGE**

TIP TEST REQUIREMENTS

Name: _____

Do the activities on the list each month. Get an instructor to sign off on it. When the chart is done, *and you have enough training hours (24)*, you are ready to receive your Dragon Orange Belt.

Yellow to Orange Requirements

Requirement	Month 1	Month 2	Month 3
Choong Be Challenge (30 sec)			
Kee Ma Ja Seh Challenge (10 sec)			
Star Block Set, with help			
Jumping Jacks (Following: 5)			
Bean Bag Challenge (5 each leg)			
Name the four parts of a basic kick			
Count to 10 in Korean			
What does Choong Be mean?			
How do you say "Thank You" in Korean.			