



DRAGON ORANGE TO PURPLE

TIP TEST REQUIREMENTS

Name: _____

Do the activities on the list each month. Get an instructor to sign off on it. When the chart is done, *and you have enough training hours (24)*, you are ready to receive your Dragon Purple Belt.

Orange to Purple Requirements

Requirement	Month 1	Month 2	Month 3
Choong Be Challenge (40 sec)			
Kee Ma Ja Seh Challenge (15 sec)			
Star Block Set, with Music			
Jumping Jacks (5 alone, errors allowed)			
Bean Bag Challenge (8 each leg)			
Front kick, defensive			
Count to 14 in Korean			
What does Char Ryut mean?			
What does Kyung Yet mean?			
Follow protocol: Choong Be, Char Ryut, Kyung Yet.			

NOTES: