



DRAGON **PURPLE TO BLUE**

TIP TEST REQUIREMENTS

Name: _____

Do the activities on the list each month. Get an instructor to sign off on it. When the chart is done, *and you have enough training hours (24)*, you are ready to receive your Dragon Blue Belt.

Purple to Blue Requirements

Requirement	Month 1	Month 2	Month 3
Choong Be Challenge (50 sec)			
Kee Ma Ja Seh Challenge (20 sec)			
Star Block Set, English Words			
Jumping Jacks (5 alone, minimum errors)			
Bean Bag Challenge (10 each leg)			
Front kick, up and downs			
Count to 16 in Korean			
What does Kyo Sa Nim mean?			
What does Yo Dan Ja mean?			
What does Sun Bae Nim mean?			

NOTES: