



DRAGON GREEN TO BROWN

TIP TEST REQUIREMENTS

Name: _____

Do the activities on the list each month. Get an instructor to sign off on it. When the chart is done, ***and you have enough training hours (24)***, you are ready to receive your Dragon Brown Belt.

Green to Brown Requirements

Requirement	Month 1	Month 2	Month 3
Choong Be Challenge (70 sec)			
Kee Ma Ja Seh Challenge (30 sec)			
Star Block Set, Lead			
Jumping Jacks (10 alone)			
Bean Bag Challenge (14 each leg)			
Round kick, up and downs			
Count to 24 in Korean			
What is Middle Punch in Korean?			

NOTES: