



DRAGON BROWN TO RED

TIP TEST REQUIREMENTS

Name: _____

Do the activities on the list each month. Get an instructor to sign off on it. When the chart is done, *and you have enough training hours (24)*, you are ready to receive your Dragon Red Belt.

Brown to Red Requirements

Requirement	Month 1	Month 2	Month 3
Choong Be Challenge (90 sec)			
Kee Ma Ja Seh Challenge (35 sec)			
Star Block Set, Teach			
Jumping Jacks (10 alone, counting)			
Bean Bag Challenge (16 each leg)			
Side kick, defensive			
Count to 26 in Korean			
Korean term: Front Kick			
Korean term: Round Kick			
Korean term: Side Kick			
Protocol: Shows respect for students and instructors			

NOTES: