



# TSDMA SOUTH NEWSLETTER



VOLUME 10, NUMBER 1 – JANUARY 2025

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

## Winter Reminder



### ETTSD Weather Closings

If we need to close due to weather, we will post it on:

- Facebook – facebook.com/ettsd
- X @EastTNTangSooDo
- There is an X feed on the website also – ettsd.com

We will also try to post if the weather is iffy and we decide to stay open.

Feel free to message, email, or call, if you need more information.

## February Shim Sa



**Sat, Feb 1, 3:00 p.m.**

Testing students: 2:45 p.m.

**\$40 testing fee.**

**Full Uniform required.  
Spectators welcome.**

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Ms. Jennifer's desk.

**Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques**

## Tournaments and events

### Sat, 2/8 Warriors Martial Arts Foundation Newcomers Tournament

**Ewtonville Baptist Church  
2420 Old Union Rd Dunlap TN  
approx. 3 hrs.**

Geared toward inexperienced beginners and intermediate martial artists.

Registration: <https://form.jotform.com/243245112131036>  
(Cannot accept cash at the door)

### Tue, 2/25 - Sat, Mar 1 MYFEST 25!

**Fayetteville, NC  
approx. 5 hrs**

**Tournament, Sat, Mar 1  
Hope Bible Church, 1900 Ft Bragg Rd, Fayetteville, NC**  
9-11AM Clinics (Included with Tournament Fee)  
11AM Line up  
<http://www.sktsd.com/myfest25.html>

### Sat 3/?? TBD TSDMA South Interclub 2025 @East TN Tang Soo Do

216 Bohannon Ave, Greeneville, TN  
This tournament is, in part, held to give first time competitors a chance to see how a tournament works before competing in larger ones. Please support our studios and organization by participating in our tournament.

## Calendar

### General

Open to all TSDMA Students.

- **Tue/Thu 4:45-5:15PM**, *Combined Class*. Open and free to all TSDMA members, friends, and family.
- **Tue, Jan 28, 6:30PM**. Self-Defense class @ETTSD. Open to all.
- **Sat, Feb 1**, Shim Sa, see col 1.

### East Tennessee Tang Soo Do

- **Tue, Jan 7**, Mat Chat
- **Tue-Thu, Jan 14-16**, Tip Testing
- **Sat, Feb 1, 1:30PM**. Staff meeting before the belt exam.

### Newport Martial Arts Academy

- **Fri, Jan 3**. CLOSED
- **Fri, Jan 10**. Tip Testing, Mat Chat
- **Fri, Jan 17**, Weapoans
- **Fri, Jan 24**, Various
- **Fri, Jan 31**, Various

## Lockers available @ETTSD

If you would like to store your, or your child's, uniform/gear at the studio, lockers are available at no charge.

Talk to Ms Jennifer and she will assign you one. You will have to provide your own lock.

# Being a Good Karate Parent

An ongoing series, by East Tennessee Tang Soo Do instructors, on how to support children in martial arts. This month's column is an updated reprint from Jan 2020 by SBN Rivas.

## What to expect at a Shim Sa

Let's start with some honesty. We do not enforce protocol rules enough during classes. When Grandmaster Charland comes to TN to evaluate us, that is where we have our most "need for improvement".

So, some problems we have during a Shim Sa can only be blamed on us. However, although we would like to keep a slightly less formal protocol during regular classes, students need to be able to understand and follow protocol during Shim Sa.

Think of it like the difference between working on homework during math class and taking your final exam. The teacher may overlook some eyes on others' papers and even getting help during homework, but not during the final. It is the same for Shim Sa.

Shim Sa is loosely translated to mean "examination" but it is also translated as "judgement". In martial arts, it is truly judgement day. And as I stated above, students need to perform more regimented than a regular class. The rules need to be followed more closely than in a regular class and consequences need to be enforced for breaking the rules.

1. **Silence.** Do not speak unless you are asked to. If there is a question that must be asked, raise your hand and wait to be called on. When you are, bow, ask the question and bow again.
2. **Sit properly.** We know some adults have limitations and we make exceptions for those but otherwise, while higher ranks complete their requirements, sit quietly in criss-cross position or on your knees.

3. **Stay on the mat.** No leaving the mat without permission. If you are 5th gup through Cho Dan Bo, consider hard whether you truly need to leave the mat at all. You will not be asked to test for black belt unless we see you have the stamina to withstand the exam.
4. **No Distractions.** We understand that family and friends who come to watch want to encourage you during the exam. Pretend they are not there. If you are sitting while higher ranks are performing their requirements & someone tries to show you something on their phone, maybe an awesome picture of you, please tell them you can look after the exam is over.
5. **Stay in Choong Be.** When you stand to bow in, bow out and receive belts, stand as still as possible in choong be. No holding your belt, no swaying, no loose fists. We understand this is difficult, especially during the belt ceremony. If you need to scratch your nose, we're not going to complain but repeated and large movements will be dealt with.
6. **Do as the examiners tell you.** If you are told to do something, your response should be silence, "Yes, sir" or "Yes, ma'am", even if you are not sure why you are being told to do something. That means, if an examiner tells you to "Drop and give me 10 pushups", you do it. If you are not sure what you did to deserve it, spend some time thinking about it. It will likely come to you.

# Mat Chat

You can find our full **Mat Chat** pages on our website. Select: [Parents / Mat Chat](#)

**This month:**

## Tenet/Code: Loyalty to one's country (Code 1)

### What is Loyalty?

Standing by or standing up for someone or something you believe in, such as your country.

### Examples of Loyalty

- When you recite the Pledge of Allegiance you feel proud to be an American.
- Your sister joined the Air Force to serve her country. You don't want her to go but instead of crying you tell her how great she is.

## Terminology

### Tang Soo Do-Way of the China Hand

Why does a Korean style of karate have "Chinese" in its title? Think of Chinese Food, German potato salad, Southern Fried Chicken, New York Pizza, Buffalo Wings.

Grandmaster Hwang Kee, who started modern Tang Soo Do, spent years in China during World War II because Korea was taken over by Japan. Koreans were not allowed to practice their traditional martial arts. Many Koreans escaped and worked and trained in China until the end of World War II. Grandmaster Hwang Kee was one of them.

## Counting in Korean

One – Hana	Six – Yasot
Two – Tul	Seven – Ilgop
Three – Set	Eight – Yodel
Four – Net	Nine – Ahop
Five – Tasot	Ten – Yol