



# TSDMA SOUTH NEWSLETTER



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216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

## TSDMA South Interclub 2025



**Saturday March 8, 2025**  
**@East TN Tang Soo Do**  
**216 Bohannon Ave, Greeneville, TN**

- Doors open 9AM.
- Tournament at 10AM, starting with Little Dragons.

Registration fee \$30 (Dragons: Forms, Flag Sparring, Breaking. Gups: Forms, Sparring, Weapons)

Spectators – Donation (\$2 - \$5 recommended.)

Registration forms will be available at ETTSD and NMAA or register online: <https://ettsd.redpodium.com/tournament>

This tournament is, in part, held to give first time competitors a chance to see how a tournament works before competing in larger ones.

Please support our studios and organization by participating in our tournament.

**PARKING** may be an issue. If you are able, park down the hill across from the auto shop. Parking also available at closed businesses on Bohannon.

**SEATING** may also be an issue. If you want, bring your own chair.

## April Shim Sa



**Sat, April 12, 3:00 p.m.**

Testing students: 2:45 p.m.

**\$40 testing fee.**

Full Uniform required.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Ms. Jennifer's desk.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques

## Patches

Anyone participating in Phase I needs to have a complete set of patches on their uniform. American flag on the left arm, Korean flag on the right arm (red on top), and Tang Soo Do Masters Alliance (TSDMA) patch on the left chest, as shown below.



## Summer Uniforms

Summer uniforms do not start until May 1. Until then, please wear your full uniform to class.

## Calendar

### General

Open to all TSDMA Students.

- Tue/Thu 4:45-5:15PM, *Combined Class*. Open and free to all TSDMA members, friends, and family.
- Sat, Mar 8, **TSDMA South Interclub**. See left column and page 2.
- Sat, Mar 15, 11AM, *Phase I Black Belt testing* via Zoom. All Cho Dan Bos and Dan members should attend if possible.
- Tue, Mar 25, 6:30PM. *Self-Defense class* @ETTSD. Open to all. Spread the word!
- Sat, Apr 5. **Common Ground Martial Arts Warrior Spirit 3rd Annual Tang Soo Do Invitational**. See page 2.
- Sat, Apr 12, Shim Sa, see col 1.

### East Tennessee Tang Soo Do

- Mon-Thu, Mar 3-6, Tournament Practice.
- Tue, Mar 4, Mat Chat
- Tue-Thu, Mar 11-13, Tip Testing
- Sat, Apr 12, 1:30PM. Staff meeting before the belt exam.

### Newport Martial Arts Academy

- Fri, Mar 7. Tournament Practice.
- Fri, Mar 14. Tip Testing, Mat Chat
- Fri, Mar 21, Various
- Fri, Mar 28, CLOSED. Spring Break.

# Tournament Updates

## RESULTS

Sat, February 8, 2025

Warriors Martial Arts Foundation  
Newcomers Event

Dunlap TN



We had one competitor in the Warriors Martial Arts Foundation Newcomers Tournament in Dunlap, TN, and he excelled! Burr Strader took First place in Weapons and First place in Forms.

Sat, Mar 1, 2025

MYFEST25 Tournament

Fayetteville, NC



We had one competitor at MYFEST25, and he did well. Brayden Saylend took Third place in Weapons, and 3<sup>rd</sup> place in Forms. He did this after training all week including earning the Arnis certificate he is holding.

## UPCOMING



Saturday March 8, 2025

TSDMA South Interclub 2025

@East TN Tang Soo Do

216 Bohannon Ave, Greeneville, TN

See page 1 for more details.



Saturday, April 5, 2025

Common Ground Martial Arts  
Warrior Spirit 3rd Annual

Tang Soo Do Invitational

Caldwell Community College

460 Community College Dr.

Boone, NC 28607

approx. 2 hours

Run by Master Trapper Taylor, a fellow MYTSD member and friend. We would love to get a good contingent here competing and invite them to our next one!

**NOTE: This is a pre-registration-only event. Registration Deadline: March 26, 2025**

Scan the QR code or go to  
[https://sparkpages.io/cart/2/?i=\\_ietb](https://sparkpages.io/cart/2/?i=_ietb)

# Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

**Tenet/Code:**  
**Honor Friendship (Code 3)**

**What it means.**

It means you value the people in your life. You treat your friends with respect and kindness. You do not take them for granted.

**What it DOESN'T mean.**

It does not mean that you do anything a friend tells/asks you to do. If your friend asks to you lie, steal, to sneak out at night, you honor friendship by NOT doing what they ask and telling them they should not either!

**What would you do?**

- Your best friend is always there for you. Today she needs help with a project and asks you to help. You are busy. Do you help her?
- Your friend is going through a hard time. He needs you to listen to him. Your favorite tv show is about to come on. Do you take the time to listen even though it may not be convenient?
- A couple friends want to go to a party but their parents say no. They want you to say they are at your house and they will say you are at their house, so you can all go to the party. What do you do?

**Terminology**

- **Dojang** – Martial Arts Studio
- **Do Bok** – Martial Arts Uniform
- **Dee** – Belt
- **Ko Ma Sum Ni Da** – Thank You
- **Chomanayo** – You Are Welcome