

# TSDMA SOUTH NEWSLETTER



VOLUME 10, NUMBER 4 - APRIL 2025

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## 2024 Students of the Year

#### **ETTSD**



Little Dragon - Colton Landers. This year's Student of the year is an exceptional student who always looks to learn something new. He takes martial arts so seriously he gets nervous during tip

test but always does it, and does it well. He is consistent, helpful and a joy to have in class.

Beginner - Mason Hadley. This year's Student of the Year is the kind of student every instructor hopes for, always bright and cheerful, always ready to learn something new, always ready to help. He even hates missing class



during Tip Test week, since it's his favorite class.



Advanced - Lillian
Mullins. One of the
most rewarding
aspects of teaching is
watching students
grow, not just in age
and skills, but in
maturity. Our
Advanced Student of
the Year embodies

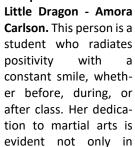
quiet determination. Always focused and hardworking, she consistently steps outside comfort zones to improve and master new skills.

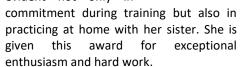


Adult - Kelli Kesterson
Our Adult Student of
the Year always puts
her all into everything,
sometimes to the point
of collapsing. She
pushes to perfect
forms and techniques
and doesn't settle for
good enough, always

going for being the best. She is always willing to help. She acts as our studio ambassador, making friends with the new students and helping them be comfortable in a new environment

#### Newport





## **Youth - Logan Roberts.**This person is a dedicated and focused

dedicated and focused student who consistently practices and demonstrates remarkable progress. A quick learner, he masters new forms and techniques in just a few classes. He receives this award for

his exceptional commitment and skill.

## Calendar

#### General

Open to all TSDMA Students.

- Tue/Thu 4:45-5:15PM, Combined Class. Open and free to all members, friends, and family.
- Sat, Apr 5. Warrior Spirit 3rd Annual Tang Soo Do Invitational.
   See page 2.
- Sat, Apr 12, Shim Sa, see below.
- Tue, Apr 29, 6:30PM. Self-Defense class @ETTSD. Open to all. Spread the word!

#### **East Tennessee Tang Soo Do**

- Tue, Apr 8, Mat Chat
- Sat, Apr 12, 1:30PM. Staff meeting before the belt exam.
- Tue-Thu, Apr 15-17, Tip Testing

#### **Newport Martial Arts Academy**

- Fri, Apr 11. Tip Testing, Dragon Testing, Mat Chat
- Fri, Apr 18. CLOSED
- Rest of month, Recital practice
- Sat, Apr 26, 2PM, Newport recital

## April Shim Sa



Sat, April 12, 3:00 p.m.

Testing students: 2:45 p.m.

\$40 testing fee.

Full Uniforms. Spectators welcome.

Invitations to test will be given to eligible students after Tip Test. Eligible students are also listed on the white board above Ms. Jennifer's desk at ETTSD.

## **Tournament Updates**

### RESULTS

Saturday March 8, 2025 **TSDMA South Interclub 2025** 

@East TN Tang Soo Do 216 Bohannon Ave, Greeneville, TN



#### **Little Dragons**

#### **Breaking**

1st Colton Landers 2<sup>nd</sup> Sofie Hadley 3<sup>rd</sup> Cayson Short

4<sup>th</sup> Amora Carlson Forms

1<sup>st</sup> Colton Landers 2<sup>nd</sup> Sofie Hadlev

3<sup>rd</sup> Amora Carlson 4<sup>th</sup> Cayson Short

Flag Sparring

1<sup>st</sup> Colton Landers 2<sup>nd</sup> Cavson Short

3<sup>rd</sup> Sofie Hadley 4<sup>th</sup> Amora Carlson

#### Beginner Youth, age 9-10

#### Weapons

1<sup>st</sup> Mason Hadley 2<sup>nd</sup> Logan Roberts

#### **Forms**

1<sup>st</sup> Logan Roberts 2<sup>nd</sup> Mason Hadley Sparring

1st Logan Roberts 2<sup>nd</sup> Mason Hadley

#### **Advanced** age 9-10

#### Weapons

1<sup>st</sup> Gabriel Halet 2<sup>nd</sup> Lillian Mullins 3<sup>rd</sup> Harley Smith

#### **Forms**

1st Gabriel Hale 2<sup>nd</sup> Harley Smith 3<sup>rd</sup> Lillian Mullins

#### **Sparring**

1<sup>st</sup> Lillian Mullins 2<sup>nd</sup> Gabriel Hale 3<sup>rd</sup> Harley Smith

#### Beginner Youth. age 7

#### **Breaking**

1st Mason Mercer 2<sup>nd</sup> Wakely Boren 3<sup>rd</sup> Grayson Morie

## **Forms**

1<sup>st</sup> Grayson Morie 2<sup>nd</sup> Wakely Boren 3<sup>rd</sup> Mason Mercer Flag Sparring

1<sup>st</sup> Wakely Boren 2<sup>nd</sup> Mason Mercer

3<sup>rd</sup> Grayson Morie

#### Intermediate **Youth**

#### Weapons

1st Oliver Zahoran 2<sup>nd</sup> Sophia Carlson **Forms** 

1<sup>st</sup> Oliver Zahoran 2<sup>nd</sup> Sophia Carlson

#### **Sparring**

1<sup>st</sup> Sophia Carlson 2<sup>nd</sup> Oliver Zahoran

#### **Advanced** 13 and up

#### Weapons

1st Harrison Ayers 2<sup>nd</sup> Caden Lovell 3<sup>rd</sup> Kelli Kesterson

#### **Forms**

1<sup>st</sup> Caden Lovell 2<sup>nd</sup> Kelli Kesterson 3<sup>rd</sup> Harrison Ayers

#### Sparring

1<sup>st</sup> Caden Lovell 2<sup>nd</sup> Kelli Kesterson 3<sup>rd</sup> Harrison Ayers

## **UPCOMING**

#### Saturday, April 5, 2025

**Common Ground Martial Arts** Warrior Spirit 3rd Annual Tang Soo Do Invitational

**Caldwell Community College** 460 Community College Dr. **Boone, NC 28607** 

approx. 2 hours

Run by Master Trapper Taylor, a fellow MYTSD member and friend. We would love to get a good contingent here competing and invite them to our next one!

#### Saturday, April 12, 2025

#### **Kelly's Heroes Classic**

Cherokee High School, 2927 TN 66, Rogersville, TN

approx. 45 min

Registration: 8AM

Black Belt meeting: 10:30AM Entry fee: \$50, Spectators: \$5

Unfortunately, our grading is on this day, so we cannot send black belts to support it, but it is so close we still encourage anyone who is not going to be grading to attend (and take lots of pictures).

#### Saturday, May 03, 2025

### The Mid-South Championships (ASKL)

#### Dalton, GA

approx. 3 hrs

Organizer: Ben Kiker Phone: 706-226-3318

Our favorite ASKL (All-Star Karate League) tournament. It runs on time, judging is fair, and yet the competetion is tough. There are sometimes even world-champions competing in the black belt divisions.

## Mat Chat

You can find our full **Mat Chat** pages on our website. Select: Parents/Mat Chat

#### This month:

### **Tenet/Code:**

**Never Retreat in Battle (Code)** 

#### What it means.

Do not give up and walk away from challenges because some-thing seems hard or difficult to accomplish. Stay the course!

#### What it DOESN'T mean.

It does not mean that you fight every fight that comes your way.

#### What would you do?

- You struggle with learning some-thing at school. You keep trying but it is so difficult to learn. Do you give up? Do you say "I quit"?
- You make a promise to yourself to start eating healthy. You work really hard to stay away from junk food, but one day you splurge and eat all kinds of candy and soda. Do you say "oh forget it...too late now. I blew it?"?
- You try and try but can't seem to do your new break in breaking boards. Do you decide to just tell your instructor you can't do it? Do you ask to be allowed to do something easier?
- attended You have several tournaments and have not brought home a trophy yet. Do you stop going to tournaments?

## **Terminology**

- Sun Bae Senior Member
- Yo Dan Ja Black Belt Member
- **Kyo Sah Nim** Instructor 2<sup>nd</sup>/3<sup>rd</sup> degree black belt
- Sah Bum Nim Master Instructor
- Kwan Ja Nim Grandmaster