



# TSDMA SOUTH NEWSLETTER



VOLUME 10, NUMBER 9 – SEPTEMBER 2025

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

## Oct Shim Sa



**Sat, Oct 11, 3:00 p.m.**

**Testing students: 2:45 p.m.**

**\$40 testing fee.**

**Full Uniforms**

**Spectators welcome.**

Invitations to test will be given to eligible students after Tip Test.

At ETTSD, eligible students are also listed on the whiteboard above Ms. Jennifer's desk.

**Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.**

## Full Uniforms start in Oct

Parents, it's almost full uniform time. Check your kid's current one. Does it fit? Is it clean?

We will be sending in an order mid-Sep, so get us your order, especially if you want a uniform with trim. (Technically trimmed uniforms are required for Green and Red belts but because of the cost, we have been slack on this.)

We will make exceptions (of course) for extreme heat days and allow t-shirts on those days.

## Parking Issues

Now that school is back in session and classes are getting larger again, parking is once more becoming an issue. We ask that you park as close to the car next to you as possible, with the exception being if you park next to a vehicle with a hand-capped indicator, needing extra room beside it.

## Communication

Just a reminder that if you want information, we have many online resources. Information on everything from belt requirements to closings & events, can be found there.

### Facebook Page

<https://www.facebook.com/ETTSD>

This is info, pictures and up to date information, what you'd expect.

### Web Page

<https://ettsd.com/>

This has our Twitter feed for immediate information, but is also a repository of useful info including Tip Test Sheets, vocabulary practice, newsletters, and much more.

### "ETTSD Info" Facebook Chat

You can hear it all, from events to who isn't coming to class. It's sometimes a bit to wade through but it's a great way to get to know other members and get news the quickest. If you want to join, message us on Facebook and we will add you.

## Calendar

### General

Open to all TSDMA Students.

- **Tue/Thu 4:45-5:15PM, Combined Class.** Open and free to all TSDMA members, friends, and family.
- **Tue, Sep 30, 6:30PM. Self-Defense class @ETTSD.** Open to all. Spread the word!
- **Sat, TBD, 11AM.** Zoom class w/GM Charland. CDBs and BBs. Watch for in class and online announcements of date.
- **Sat, Sep 6, 10AM, Black Belt Exam Phase I and II.** CLOSED TO PUBLIC.
- **Mon, Oct 6, Black Belt Exam Phase III.**

### East Tennessee Tang Soo Do

- **Mon, Sep 1, CLOSED, Labor Day**
- **Tue, Sep 2, Mat Chat**
- **Tue-Thu, Sep 9-11, Tip Testing**
- **Mon, Oct 6, CLOSED for Phase III.**

### Newport Martial Arts Academy

- **Fri, Oct 17, CLOSED.** Instructors are required to attend Black Belt Exam, Phase IV.
- Newport's schedule is as usual until Studio B is available.
- Don't forget, students that are current with payments at NMAA can attend 1 class per week free at ETTSD if they so choose.

# Tournaments and Events

## 51<sup>st</sup> Annual Tri-State Championships

Saturday, November 01, 2025

Eastbrook Middle School

1382 Eastbrook DR SE

Dalton, GA 30721

Approximately 3 hours

One of the two best tournaments we attend on the ASKL circuit.

I hope we can get a group to go this year. Nice trophies too.

## 2025 Tennessee Youth Karate Games

Saturday, November 08, 2025

Stone Memorial High School

2800 Cook Road

Crossville, TN

Approximately 2.5 hours



The poster for the 2025 Tennessee Youth Karate Games features a central graphic of two karate practitioners in a sparring stance, surrounded by the text '2025 TENNESSEE YOUTH KARATE GAMES'. A yellow starburst in the top right corner indicates the date 'Nov 8' at 'STONE MEMORIAL HIGH SCHOOL, 2800 COOK RD, CROSSVILLE, TN'. Below this, a list of fees is provided: 'COMPETITOR ENTRY FEE (3 events)- \$25', 'SPECTATORS-\$5.00', and 'UNDER 12-\$3.00', with 'Team Kata - \$25'. A list of 'Dojo Supporters' includes Andalusia Jishinkan, Crossville Jishinkan, EBC Shuyuzo, Grandview Jishinkan, Honeycutt Karate, Kelly's Heroes, and Martial Arts for the Heart of the Lebanon Dojo. The bottom section of the poster is divided into three categories: 'WEAPONS' (8:30 Doors Open, 9:30-11:00 Seminars, 11:30 Bow In), 'KUMITE', and 'KATA'. A note states 'All divisions, including weapons, begin after bow-in. Times are CST'.

Doors open: 8:30am CDT

Seminars: 9:30am CDT

Bow-in: 11:30am CDT

Competitor fee (3 events)- \$25.00

Team kata - \$25.00

Spectators -\$5.00

Under 12-\$3.00

Kata, kumite, weapons, team kata.

3 Youth Grand Champion Kata Divisions

## TSDMA South Black Belt Exam

### Phase I: Sep 6, 10AM

**EVENT IS CLOSED TO THE PUBLIC**

Being invited to do Phase I is an accomplishment all on its own. However, candidates must PASS Phase I to test for black belt.

### Phase II: Sep 6, following Phase I

This is the “physical fitness” part of the exam with sit-ups, pushups, jumping jacks, and burpees. They will then head to a track for a mile run. This event follows Phase I

### Phase III: Mon. Oct 6, 6-9PM

**EVENT IS CLOSED TO THE PUBLIC.**

This phase includes Weaponry, Creative forms, and sometimes things the candidates will learn that night.

### Phase IV: Fri, Oct 17, 6-9PM

**EVENT IS CLOSED TO THE PUBLIC.**

This is the “meat” of the exam. Most everything they have done in the other phases will be done again here.

### Phase V: Sat, Oct 18, 10AM-1PM GRADUATION

**THIS EVENT IS OPEN TO THE PUBLIC!**

Family, friends, everyone is invited to watch this portion of the event.

There will be creative forms, breaking, and weapons, as well as the belting. Pictures and videos are encouraged.

## Community Service Project

Our black belt candidates from ETTSD and NMAA are collecting nonperishable foods for the food bank as their community project.

You can bring donations to either studio. The deadline is Oct 6.

# Mat Chat

You can find our full **Mat Chat** pages on our website. Select: [Parents / Mat Chat](#)

**This month:**

## Tenet/Code:

## Respect and Obedience (Tenet 4)

### What does it mean?

- Respect is thinking and acting in a positive way about yourself or others.
- Respect is thinking and acting in a way that shows others you care about their feelings and their well-being.

### Examples

- You follow your parents' rules to show them you care (respect) how they feel about the situation. (That's where Obedience comes in!)
- You don't call people names because you care about (respect) their feelings.
- You don't hit or hurt people because you care about (respect) their well-being.

## Terminology

- First: *il*
- Second: *ee*
- Third: *sam*
- Fourth: *sa*
- Fifth: *oeh*
- Sixth: *yuk*
- Seventh: *chil*
- Eighth: *pal*
- Ninth: *ku*
- Tenth: *sip*