



TSDMA SOUTH NEWSLETTER



VOLUME 10, NUMBER 10 – OCTOBER 2025

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

TSDMA South Black Belt Exam

Our Candidates:

Cho dan - Ee dan: Brayden Saylend
Cho Dan Bo – Cho Dan: Harrison Ayers, Blake Clendenin, Silas Hale, Gates Taylor, Glory Taylor.

The candidates have been working hard since Phases I and II. They still have a long way to go in a very short time. Grandmaster Garth Charland will be here for Phases IV and V! Here is what's left:

Phase III: Mon. Oct 6, 6-9PM EVENT IS CLOSED TO THE PUBLIC.

This phase includes Weaponry, Creative forms, and sometimes the unexpected.

Phase IV: Fri, Oct 17, 6-9PM EVENT IS CLOSED TO THE PUBLIC.

This is the "meat" of the exam. Most everything they have done in the other phases will be done again here.

Phase V: Sat, Oct 18, 11:30AM-1PM GRADUATION THIS EVENT IS OPEN TO THE PUBLIC!

Family, friends, everyone is invited to watch this portion of the event. There will be creative forms, breaking, and weapons, as well as the belting. Pictures and videos are encouraged.

Full Uniforms

Full uniforms are now required. We will make exceptions (of course) for extreme heat days and allow t-shirts on those days.

Class With Grandmaster Charland

Thursday, October 16



TSDMA Grandmaster Garth Charland will be here to officiate at Phases IV and V of our Black Belt Exam.

He will also be at the studio on Thursday evening during classes to

meet and work with our students.

NMAA students are welcome to join us: Dragons, 4:15–5:15, Youth 4:45–6.

Oct Shim Sa



Sat, Oct 11, 3:00 p.m.

Testing students: 2:45 p.m.

\$40 testing fee.

Full Uniforms

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

At ETTSD, eligible students are also listed on the whiteboard above Ms. Jennifer's desk.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.

Calendar

General

- **Tue/Thu 4:45-5:15PM, Games Class.** Open and free to all TSDMA members, friends, and family.
- **Thu, Oct 16,** Classes with Grandmaster Charland.
- **Sat. Oct 18, 11AM-1PM.** Black Belt Exam, Phase V. Graduation. See column 1.
- **Tue, Oct 28, 6:30PM.** *Self-Defense class @ETTSD.* Open to all. Spread the word!

East Tennessee Tang Soo Do

- **Mon, Oct 6, CLOSED** for Phase III.
- **Tue, Oct 7,** Mat Chat
- **Tue-Thu, Oct 21-23,** Tip Testing

Newport Martial Arts Academy

- **Fri, Oct 10.** Tip Test
- **Fri, Oct 17, CLOSED.** Instructors are required to attend Black Belt Exam, Phase IV.
- **Fri, Oct 24.** Sparring. Parent Observation.
- **Fri, Oct 31.** You may wear a costume to class as long as you can work out in it.

Newport Studio B is BACK!

NMAA Students: We have Studio B again! We will spar at least once a month. Students need head gear, foot gear, hand gear, mouthpiece. Boys need a cup.

Tournaments and Events

51st Annual Tri-State Championships

Saturday, November 01, 2025
Valley Point Middle School
3796 S. Dixie Road
Dalton, GA 30721
Approximately 3 hours



51ST ANNUAL TRI-STATE KARATE CHAMPIONSHIPS
New Location! Valley Point Middle School
November 1, 2025 | 8:00 AM | 3796 S. Dixie Rd. Dalton, GA 30721

EVENT TIMELINE
7:00 am to Noon Registration
8:00 am Kids Creative Divisions
9:00 am Children's Trad. Weapons
9:00 am Adult Team Fighting
9:00 am Adult BB Weapons
11:00 am Continuous Fighting

ENTRY FEES
\$50 Pre-Registration
\$60 Registration at the Door
\$15 for each additional division
\$30 Team Sparring
\$5 Spectator Fee
Under Age 6 Free with Adult Entry
Pre-registration must be mailed to 699 West Nance Springs Rd SW Dalton, GA 30721 or PayPal and received by 10-27-2025.

CONTACT
Nathan Bennett
706-879-1135
DaltonUnitedKarate@gmail.com

Promoter: Nathan Bennett
Chief Official: Ben Kiker
All Divisions Rewarded 1st - 4th Place
(Except Team Fighting and Continuous)

One of the two best tournaments we attend on the ASKL circuit.

I hope we can get a group to go this year. Nice trophies too.



2025 Tennessee Youth Karate Games

Saturday, November 08, 2025
Stone Memorial High School
2800 Cook Road
Crossville, TN
Approximately 2.5 hours



2025 TENNESSEE YOUTH KARATE GAMES
Nov 8
STONE MEMORIAL HIGH SCHOOL
2800 COOK RD. CROSSVILLE, TN

COMPETITOR ENTRY FEE
(3 events)- \$25
UNDER 12-\$3.00
Team Kata - \$25

Dojo Supporters
Andalusia Judo-ryu
Covington Judo-ryu
FBC Smyrna
Grandview Judo-ryu
Honeyport Karate
Kelly's Karate
Martial Arts of the Heart
The Tebman Dojo

KUMITE
8:30 Doors Open
9:30-11:00 Seminar
11:30 Bow In
All divisions, including weapons begin after bow-in
Times are CST

WEAPONS **KATA**

Doors open: 8:30am CDT

Seminars: 9:30am CDT

Bow-in: 11:30am CDT

Competitor fee (3 events)- \$25.00

Team kata - \$25.00

Spectators -\$5.00

Under 12-\$3.00

Kata, kumite, weapons, team kata.

3 Youth Grand Champion Kata Divisions.

ASKL Schedule

We tend to go to ASKL tournaments that are no more than 3 hours-ish away, but we encourage students to enter others.

There are many larger tournaments in the ASKL circuit including Atlanta, Washington, D.C., Orlando, and even Chicago and Detroit. Check them out : <https://asklratings.net/schedule.html>

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Self-Control (Tenet 5)

What does it mean?

- Self-Control is doing what is right when you feel like doing what is wrong. It helps you make good decisions.

What is a Better Choice?

- You play a game that is difficult, and you keep making mistakes. You get mad at the game or the person you are playing with.
- It's time to leave for karate but your favorite tv show just came on. You tell your parental unit that you don't feel well.
- You want something at the store but your parental unit says no. You throw a tantrum.
- You love ice cream so much that you keep eating and eating and eating and get sick.
- Your karate instructor wants you to concentrate on basics but you know you can do more advanced techniques, so you do them to prove it. You don't understand why your instructor makes you do pushups for not following instructions.

Terminology

- Reverse round kick ~ *Peet cha gi*
- Stomp Kick ~ *Chit pal gi*
- Inside to Outside Crescent Kick ~ *Ahneso phaku ro cha gi*
- Outside to Inside Crescent Kick ~ *Phakesu ahnuro cha gi*
- Side Stance ~ *Sa ko rip ja she*
- Fighting Stance ~ *Deh ryun ja seh.*