



# TSDMA SOUTH NEWSLETTER



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## Welcome Our New Black Belts



All candidates did an extraordinary job. Please congratulate them if you see them at the studio.

### Ee Dan:

- Brayden Saylend, #422

### Cho Dans:

- Glory Taylor, #437
- Gates Taylor, #438
- Harrison Ayers, #439
- Blake Clendenin, #440
- Silas Hale, #441
- Caden Lovell, #442

## Dec Shim Sa



Sat, Dec 06, 3:00 p.m.

Testing students: 2:45 p.m.

**\$40 testing fee.**

**Full Uniforms**

**Spectators welcome.**

Invitations to test will be given to eligible students after Tip Test.

At ETTSD, eligible students are also listed on the whiteboard above Ms. Jennifer's desk.

## Shim Sa Results



We promoted 11 gups and 2 Little Dragons from two studios to new rank during our October Shim Sa.

### ETTSD

**CDB1:** Noah Clendenin, Gabriel Hale

**1st Gup:** Kelli Kesterson

**5th Gup:** Joshua Vandever

**LD Yellow:** Juniper Waddle

### NMAA

**1st Gup:** Harley Smith

**5th Gup:** Sophia Carlson, Jackson Davis

**6th Gup:** Logan Roberts

**9th Gup:** Kenneth Hatfield, Cayson Short, Braxton Metcalf

**LD Blue:** Amora Carlson

## ETTSD Winter Info



If we need to close due to weather, we will post it on:

- Facebook – facebook.com/ettsd
- X – @EastTNTangSooDo
- X feed at ettsd.com

We will also try to post if the weather is iffy and we decide to stay open.

Feel free to message, email, or call, if you need more information.

## Calendar

### General

- **Tue/Thu 4:45-5:15PM, Games Class.** Open and free to all TSDMA members, friends, and family.
- **Tue, Nov 25, 6:30PM. Self-Defense class @ETTSD.** Open to all. Spread the word!

### East Tennessee Tang Soo Do

- **Tue, Nov 4, Mat Chat**
- **Tue-Thu, Nov 11-13, Tip Testing**
- **Thu, Nov 27, CLOSED** for Thanksgiving.
- **Sat, Nov 29, Small Business Saturday** at the studio. More info as it becomes available.

### Newport Martial Arts Academy

- **Fri, Nov 7.** Bring a friend week.
- **Fri, Nov 14.** Tip Test, Mat Chat
- **Fri, Nov 28, CLOSED** for Thanksgiving.
- **Fri, Nov 21, Sparring**
- **Fri, Dec 5.** Christmas parade. Bring a bag of candy. All info in the NDCA newsletter.

## Dec Special: Gift Cards for New Students



**Give the gift of Confidence, Skill, & Physical Fitness.**

**Three months of lessons at East Tennessee Tang Soo Do and a uniform for \$150.**

**Gift cards available at the studio.**

# Tournaments and Events

## RESULTS

### 51<sup>st</sup> Annual Tri-State Championships

Saturday, November 01, 2025  
Dalton, GA

We had four competitors for this large tournament.



This was Silas Hale's first time competing as a black belt and he managed

to take 1st in Wea-pons and 1st in Forms.

Gabriel Hale took 4<sup>th</sup> place in Weapons in Advanced boys, age 10-11.



Mason Hadley, Beginner, age 10-11, took 1st in Weapons and 4th in Forms in his second tournament ever..

It was Colton's first tournament, Beginner, age 6-7, and competed with a boot on his broken foot. He didn't place but performed well and bravely.



Good job everyone.

## UPCOMING

### 2025 Tennessee Youth Karate Games

Saturday, November 08, 2025  
Stone Memorial High School  
2800 Cook Road  
Crossville, TN

Approximately 2.5 hours

**2025 TENNESSEE YOUTH KARATE GAMES**

**Nov 8**  
STONE MEMORIAL HIGH SCHOOL  
2800 COOK RD, CROSSVILLE, TN

COMPETITOR ENTRY FEE  
(3 events)- \$25  
SPECTATORS - \$5.00  
UNDER 12-\$3.00  
Team Kata - \$25

Dojo Supporters:  
Atlanta Ichiyu  
Crosbyville Ichiyu  
FBI Smyrna  
Grandview Ichiyu  
Honeycutt Karate  
Kelly's Fitness  
Marital Arts for the Heart  
The Tebimon Dojo

**WEAPONS** 8:30 Doors Open  
9:30-11:00 Seminars  
11:30 Bow In  
All divisions, including weapons  
begin after bow-in  
Times are CST

**KUMITE**

**KATA**

Doors open: 8:30am CDT

Seminars: 9:30am CDT

Bow-in: 11:30am CDT

Competitor fee (3 events)- \$25.00

Team kata - \$25.00

Spectators -\$5.00

Under 12-\$3.00

Kata, kumite, weapons, team kata.  
3 Youth Grand Champion Kata Divisions.

## ASKL Schedule

We tend to go to ASKL tournaments that are no more than 3 hours-ish away, but we encourage students to enter others.

There are many larger tournaments in the ASKL circuit including Atlanta, Washington, D.C., Orlando, and even Chicago and Detroit. Check them out : <https://asklratings.net/schedule.html>

# Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

**Tenet/Code: Humility, Tenet 6**

## What does it mean?

Having humility means we do not think we are better than others. It is ok to be confident, but humility means we do not brag or boast about being better. In fact, we help people rise by lifting them up.

## What is a better choice?

- You win a tournament. Do you tell everyone you are better than they are, or are the best?
- Your friend tells you that you look really good today. Do you answer "I know, right?"
- You visit a friend & see you have a lot more and more expensive toys than your friend. Do you brag about the things you own?
- You win every single sparring match at class. Or maybe every video game you play. Do you tell your opponents before you start, "Just so you know. I always win."

## Terminology

- Knife Hand attack  
*Soo do kong kyuck*
- Ridge Hand attack  
*Yuk soo do kong kyuck*
- Spear Hand attack  
*Kwon soo kong kyuck*
- Elbow strike  
*Pahl koop kong kyuck*
- Backfist attack  
*Kap kwon kong kyuck*
- Outside to inside block  
*Phakeso ahnuro mahk kee*