



TSDMA SOUTH NEWSLETTER



VOLUME 11, NUMBER 2 – FEBRUARY 2026

216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

February Shim Sa



Sat, Feb 14, 3:00 p.m.

Testing students: 2:45 p.m.

\$40 testing fee.

Full Uniform required.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Ms. Jennifer's desk.

Please be sure uniforms are clean and neat. Pride in looking professional is as important as proper techniques.

Winter Reminder



If we need to close due to weather, we will post it on:

- Facebook – facebook.com/ettsd
- X – @EastTNTangSooDo
- There is an X feed on the website also – ettsd.com

We will also try to post if the weather is iffy and we decide to stay open.

Feel free to message, email, or call, if you need more information.

TSDMA South Interclub 2026



Saturday March 28, 2026

@East TN Tang Soo Do

216 Bohannon Ave, Greeneville, TN

- Doors open 9AM.
- Tournament at 10AM, starting with Little Dragons.

Registration fee \$30 (Dragons: Forms, Flag Sparring, Breaking. Gups: Forms, Sparring, Weapons)

Spectators – Donation (\$2 - \$5 recommended.)

Registration forms will be available at ETTSD and NMAA.

This tournament is, in part, held to give first time competitors a chance to see how a tournament works before competing in larger ones.

PARKING may be an issue. If you come in two cars, please park one behind the other. Parking is also available at closed businesses on Bohannon.

SEATING may also be an issue. If you want, bring your own chair.

ALL COMPETITORS WILL ALSO RECEIVE THREE TRAINING HOURS TOWARD TESTING.

Calendar

General

- **Tue/Thu 4:45-5:15PM, Combined Class.** Open and free to all members, friends, and family.
- **Sat, Feb 14, 3PM. Shim Sa,** see column 1.
- **Tue, Feb 24, 6:30PM. Free Self-Defense class @ETTSD.** Open to all.
- **Tournaments.** See page 2.

East Tennessee Tang Soo Do

- **Thu, Feb 8.** Mat Chat
- **Tue-Thu, Feb 10-12,** Tip Testing
- **Sat, Feb 14, 1:30PM,** Staff meeting. All black belts and Cho Dan Bos welcome.

Newport Martial Arts Academy

- **Fri, Feb 13.** Parent observation. Sparring. Wear pink or red.
- **Fri, Feb 20.** Tip testing. Mat chat.
- **Fri, Feb 27.** Twin week (dress alike)

New Student Recruitment



Current Students who recruit a new student to ETTSD will get a 50% discount on their fees for the first month of the new student's enrollment!

The more students you recruit, the more you save!

2026 Tournaments & Events

This list for the first half of 2026 is tentative. Some of these tournaments are ones we attended last year but have not announced a date yet. Some dates have two on the same day. We can't do everything, but will try to support all tournaments any students are attending.

Sat, 2/7 5th Annual Bryan Open Tournament



452 Mercer Drive, Dayton, TN
approx. 1.5 hrs.

Doors Open at 8AM. Black Belt Meeting 9:30AM. Bow In 10AM. Competition Begins Following Bow-In.

AIKA (Isshin Ryu organization) run.
<https://www.facebook.com/event/s/1525058312259558>

Sat, 2/7 MYFEST 26!



Fayetteville, NC
approx. 5 hrs

The Salvation Army, 220 E Russell St, Fayetteville, NC

Doors open: 8am, Line Up 9am

Pre-Reg: \$65

Karate Events: Forms, Weapons, Point Sparring, Padded Stick Engagement

WEKAF Events: Sayaw (Forms),

Padded Stick Point Sparring, Live Stick Sparring

<http://www.sktsd.com/myfest26.html>

2/28 45th Annual Mid-Cleveland Karate Championships

Shelby City Parks & Recreation Gym, 850 W. Sumter St., Shelby, NC 28150, 704-487-1377 or 704-435-1050, dmtkd@bellsouth.net

Approx 2.5 hrs

A bit expensive. \$60 one event, \$20 for each additional. Events include Forms, Weapons, Sparring, Musical, Self-Defense and more. We will post the entire registration form.

Sat 3/28 TSDMA South Interclub '26

@East TN Tang Soo Do
216 Bohannon Ave, Greenville, TN

SEE PAGE 1 FOR DETAILS

Other possibilities

APR

11 Kelly's Heroes Championship, Rogersville

18 Dragon Revolution,
<https://www.facebook.com/events/821386463941134/>

Last year: Warrior Spirit, Boone, NC

MAY

2 MidSouth Championships (ASKL)

Last year: Middle TN Isshynryu Open Karate Games

JUN

13 The Battle of Champions, Ringgold, GA. Jessie Thornton 706-965-8148 (ASKL)

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code: Obedience to Parents & Elders (Code)

Obedience means being respectful to your parents and elders.

Obedience to Elders does NOT mean you should obey anyone who is grown up. It only means those you know and trust. It does not include strangers!!!

What would you do?

- Your mom tells you to clean your room before you go out and play. Do you go out without cleaning your room?
- Your teacher asks you to stop talking in class and pay attention. Do you keep talking despite their request?
- Your Dad tells you it's time to go to bed because you need rest. Do you refuse and walk away because you really want to stay up?

Terminology

Choong Be Ja Seh – Ready
Stance

Cha Ryut – Attention

Kyung Yet – Bow

Kihap – Yell

Ahn Jo – Sit

Tora – Turn

Ba Ro – Return

Shio – Rest