



TSDMA SOUTH NEWSLETTER



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216 BOHANNON AVENUE, GREENEVILLE, TN 37745 – 423-609-1408 – ETTSD.COM – INFO@ETTSD.COM

TSDMA South Interclub 2026

Saturday March 28, 2026

@East TN Tang Soo Do

216 Bohannon Ave, Greeneville, TN

- Doors open 9AM.
- Tournament at 10AM, starting with Little Dragons.

Registration fee \$30 (Dragons: Forms, Flag Sparring, Breaking. Gups: Forms, Sparring, Weapons)

Spectators: Donation (\$5 suggested.)

Registration forms will be available at ETTSD and NMAA.

For more info, see the reg form, flyer, and Facebook event:

<https://www.facebook.com/events/1568223034244165>

Parking Issues

Now that classes are getting larger again, parking is once more an issue. We ask that you:

- Park as close to the car next to you as possible, except if you park next to a vehicle with a handicapped indicator, needing extra room beside it.
- If you come in two vehicles, please park one behind the other. If you pull close to the building, two cars will fit
- If there are no parking spots, please find a spot at a neighboring business that is closed, next door (after 5), and kitty corner, are the best.

Shim Sa Results



We promoted 3 Cho Dan Bos, 6 gups, and 4 Little Dragons from two studios to new rank during our October Shim Sa.

ETTSD

CDB4: Lillian Mullins

CDB2: Noah Clendenin, Given Taylor

9th Gup: Macie Binkley, TJ Mercer, David Woodby

LD Orange: Isabel Jones

LD Yellow: Garrett Mills

NMAA

5th Gup: Logan Roberts

7th Gup: Dryden Griffen

8th Gup: Braxton Metcalf

LD Green: Amora Carlson

LD Yellow: Madison Embry

Team Forms

The 4/11 Rogersville tournament has a Team Kata event (3-5 competitors). Is anyone interested in entering? You would have to be willing to attend practice at least twice before the tournament. We will try to have them during regularly scheduled class times. Let us know so we can set things up.

Calendar

General

- **Tue/Thu 4:45-5:15PM, Combined Class.** Open and free to all members, friends, and family.
- **Sat, Mar 28, 3PM. Interclub Tournament,** see column 1.
- **Tue, Mar 31, 6:30PM. Free Self-Defense class @ETTSD.** Open to all.
- **Other Tournaments.** See page 2.

East Tennessee Tang Soo Do

- **Thu, Mar 5.** Mat Chat
- **Tue-Thu, Mar 10-12,** Tip Testing

Newport Martial Arts Academy

- **Fri, Mar 6.** Wear your favorite character shirt
- **Fri, Mar 13.** Tip testing, Mat Chat. Wear a spring colors shirt
- **Fri, Mar 20.** Sparring. Wear a green shirt
- **Fri, Mar 27.** Weapons. Tournament practice.
- **Fri, Apr 3.** Closed.

April Shim Sa



Sat, Apr 18, 3:00 p.m.

Testing students: 2:45 p.m.

\$40 testing fee.

Full Uniform required.

Spectators welcome.

Invitations to test will be given to eligible students after Tip Test.

For ETTSD, eligible students will also be listed on the white board above Ms. Jennifer's desk.

2026 Tournaments & Events

This list is, as always, tentative. Some of these tournaments are ones we attended last year but have not announced a date yet. We can't do everything, but will try to support all tournaments students are attending.

RESULTS

Sat, 2/7 5th Annual Bryan Open Tournament

452 Mercer Drive, Dayton, TN



We had four competitors and brought home two medals during our first tournament of the year.

Colton took 2nd in weapons, competing against green belts.

Mason took 3rd in forms in a division with over 10 competitors.

Kenzie competed for the first time. Just getting out there was impressive.

Silas did an awesome Bassai Dai but the judges didn't see what we saw and he didn't place.

UPCOMING

Sat 3/28

TSDMA South Interclub '26

@East TN Tang Soo Do

216 Bohannon Ave, Greeneville, TN

SEE PAGE 1 FOR MORE DETAILS

APR

11 Kelly's Heroes Championship, Rogersville



This is by far the closest tournament, and we really like to support it. Opening ceremonies tend to be long. Trophies for

1st, 2nd, 3rd.

18 Dragon Revolution

This is on our Belt Exam day so we cannot support it, but encourage anyone who wants to go to compete. It's a good tournament.



<https://www.facebook.com/events/821386463941134/>

TBD: Warrior Spirit, Boone, NC

I liked this small tournament a lot, enough to list it with no date.

MAY

2 MidSouth Championships (ASKL)

9: Middle TN Isshyunryu Open Karate Games

JUN

13 The Battle of Champions, Ringgold, GA. Jessie Thornton 706-965-8148 (ASKL)

Mat Chat

You can find our full **Mat Chat** pages on our website. Select: **Parents / Mat Chat**

This month:

Tenet/Code: Honor Friendship (Code 3)

What it means.

It means you value the people in your life. You treat your friends with respect and kindness. You do not take them for granted.

What it DOESN'T mean.

It does not mean that you do anything a friend tells/asks you to do. If your friend asks you to lie, steal, to sneak out at night, you honor friendship by NOT doing what they ask and telling them they should not either!

What would you do?

- Your best friend is always there for you. Today she needs help with a project and asks you to help. You are busy. Do you help her?
- Your friend is going through a hard time. He needs you to listen to him. Your favorite tv show is about to come on. Do you take the time to listen even though it may not be convenient?
- A couple friends want to go to a party but their parents say no. They want you to say they are at your house and they will say you are at their house, so you can all go to the party. What do you do?

Terminology

- **Dojang** – Martial Arts Studio
- **Do Bok** – Martial Arts Uniform
- **Dee** – Belt
- **Ko Ma Sum Ni Da** – Thank You
- **Chomanayo** – You Are Welcome